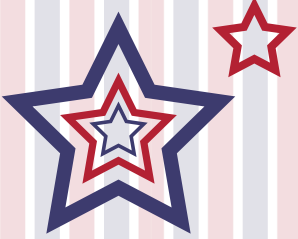
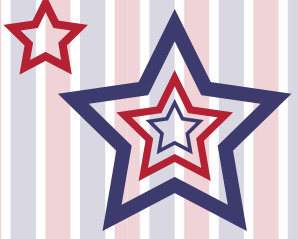


# JULY 2017

# REGENCY REFLECTIONS EVENTS

**Regency Retirement Village of Birmingham**

285 West Oxmoor Road | Birmingham, AL 35209 | (205) 942-3355

| SUNDAY   | MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY  | SATURDAY  |
|--|--|---|--|---|---|---|
|  <p>"The U.S. Constitution doesn't guarantee happiness, only the pursuit of it. You have to catch up with it yourself." — Benjamin Franklin<br/>           "I know not what course others may take, but as for me, give me liberty or give me death." — Patrick Henry<br/>           "The only thing necessary for the triumph of evil is for good men to do nothing." — Edmund Burke</p> <p>HAPPY BIRTHDAY TO YOU! * HAPPY BIRTHDAY TO YOU! * HAPPY BIRTHDAY TO YOU!<br/>           ~ July 2 Gladys Waugh ~ July 15 Carol Lambert ~ July 15 Emmett Jones ~ July 29 Theresa Philips</p> |  |   |  |   |   | 1   |
| 2  | 3  | 4<br>~~~ HAPPY JULY 4 ~~~   | 5  | 6<br>BEAUTY SALON OPEN  | 7   | 8   |
| 9:00 Orientation to the Day<br>10:00 Exercise<br>11:00 Devotion<br>1:00 Bible Blessings<br>2:00 Snack, Rest & Relaxation<br>4:00 Bible Games<br>6:00 Soft Music & Relaxation   | 9:00 Orientation to the Day<br>10:30 Exercise<br>11:00 Sing-A-Long<br>1:00 July Birthdays Celebration<br>2:15 - 3:30 Quiet Time<br>4:00 Monday Night Bingo<br>6:00 Evening Stretching    | 9:00 Orientation to the Day<br>9:30 Tai Chi<br>11:00 Bible Trivia<br>1:00 Name that Music<br>2:15 - 3:30 Quiet Time<br>4:00 Sing-A-Long<br>6:00 Evening Stretching  | 9:00 Orientation to the Day<br>10:30 Exercise<br>11:00 Super Smells<br>1:00 "I Remember When" stories<br>2:15 - 3:30 Quiet Time<br>4:00 Name That Capital<br>6:00 Evening Stretching       | 9:00 Orientation to the Day<br>10:30 Exercise<br>11:00 Manicures<br>1:00 Sorting<br>2:15 - 3:30 Quiet Time<br>4:00 Arts and Crafts<br>6:00 Evening Stretching                 | 9:00 Orientation to the Day<br>10:00 Music Therapy<br>10:30 Exercise<br>11:00 Courtyard Safari<br>2:15 - 3:30 Quiet Time<br>4:00 Friday Nite Matinée/Popcorn<br>6:00 Evening Stretching   | 9:00 Orientation to the Day<br>10:30 Exercise<br>11:00 Arts and Crafts<br>1:00 Brain Teasers<br>2:15 - 3:30 Quiet Time<br>4:00 Ring Toss<br>6:00 Evening Stretching                         |
| 9  | 10   | 11  | 12   | 13<br>BEAUTY SALON OPEN   | 14  | 15  |
| 9:00 Orientation to the Day<br>10:00 Exercise<br>11:00 Devotion<br>1:00 Bible Blessings<br>2:00 Snack, Rest & Relaxation<br>4:00 Bible Games<br>6:00 Soft Music & Relaxation   | 9:00 Orientation to the Day<br>10:30 Exercise<br>11:00 Arts and Crafts<br>1:00 Sensory Stimulation Sound<br>2:15 - 3:30 Quiet Time<br>4:00 Monday Night Bingo<br>6:00 Evening Stretching | 9:00 Orientation to the Day<br>10:30 Exercise<br>11:00 Bible Trivia<br>1:00 Wear A Hat Tell A Story<br>2:15 - 3:30 Quiet Time<br>4:00 Board Games<br>6:00 Evening Stretching  | 9:00 Orientation to the Day<br>10:30 Exercise<br>11:00 Cup Stacking Game<br>1:00 Conversation Boxes<br>2:15 - 3:30 Quiet Time<br>4:00 Board Games<br>6:00 Evening Stretching               | 9:00 Orientation to the Day<br>10:30 Exercise<br>11:00 Manicures<br>1:00 Remember I Am Still Me<br>2:15 - 3:30 Quiet Time<br>4:00 Hangman<br>6:00 Evening Stretching          | 9:00 Orientation to the Day<br>10:30 Exercise<br>11:00 Courtyard Safari<br>1:00 The Olympics<br>2:15 - 3:30 Quiet Time<br>4:00 Friday Nite Matinée/Popcorn<br>6:00 Evening Stretching     | 9:00 Orientation to the Day<br>10:30 Exercise<br>11:00 Board Games<br>1:00 Puzzles<br>2:15 - 3:30 Quiet Time<br>4:00 Feel Good Music<br>6:00 Evening Stretching                             |
| 16   | 17   | 18  | 19   | 20<br>BEAUTY SALON OPEN   | 21  | 22  |
| 9:00 Orientation to the Day<br>10:00 Exercise<br>11:00 Devotion<br>1:00 Bible Blessings<br>2:00 Snack, Rest & Relaxation<br>4:00 Bible Games<br>6:00 Soft Music & Relaxation   | 9:00 Orientation to the Day<br>10:30 Exercise<br>11:00 Chair Bowling<br>1:00 Sensory Stimulation Smell<br>2:15 - 3:30 Quiet Time<br>4:00 Monday Night Bingo<br>6:00 Evening Stretching   | 9:00 Orientation to the Day<br>10:30 Exercise<br>11:00 Bible Trivia<br>1:00 Wear A Hat Tell A Story<br>2:15 - 3:30 Quiet Time<br>4:00 Board Games<br>6:00 Evening Stretching  | 9:00 Orientation to the Day<br>10:30 Exercise<br>11:00 "I Remember When" stories<br>1:00 Bean Bag Toss<br>2:15 - 3:30 Quiet Time<br>4:15 Board Games<br>6:00 Evening Stretching            | 9:00 Orientation to the Day<br>10:30 Exercise<br>11:00 Manicures<br>1:00 Ring Toss<br>2:15 - 3:30 Quiet Time<br>4:00 Memory Bag<br>6:00 Evening Stretching                    | 9:00 Orientation to the Day<br>10:00 Music Therapy<br>10:30 Exercise<br>11:00 Courtyard Safari<br>1:00 The Olympics<br>2:15 - 3:30 Quiet Time<br>4:00 Friday Nite Matinée/Popcorn         | 9:00 Orientation to the Day<br>10:30 Exercise<br>10:45 Hand in Paw Pet Therapy<br>11:00 Trivia<br>1:00 Brain Teasers<br>2:15 - 3:30 Quiet Time<br>4:00 Ring Toss<br>6:00 Evening Stretching |
| 23   | 24   | 25  | 26   | 27<br>BEAUTY SALON OPEN   | 28  | 29  |
| 9:00 Orientation to the Day<br>10:00 Exercise<br>11:00 Devotion<br>1:00 Bible Blessings<br>2:00 Snack, Rest & Relaxation<br>4:00 Bible Games<br>6:00 Soft Music & Relaxation   | 9:00 Orientation to the Day<br>10:30 Exercise<br>11:00 Ring Toss<br>1:00 Sensory Stimulation Sight<br>2:15 - 3:30 Quiet Time<br>4:00 Monday Night Bingo<br>6:00 Evening Stretching       | 9:00 Orientation to the Day<br>10:00 Balance & Core Exercise<br>11:00 Bible Trivia<br>1:00 Start Remember I Am Still Me Album<br>2:15 - 3:30 Quiet Time<br>4:00 Chess/Checkers/Tic-Tac-Toe<br>6:00 Evening Stretching   | 9:00 Orientation to the Day<br>10:30 Exercise<br>11:00 "I Remember When" stories<br>1:00 Cup Stacking Game<br>2:15 - 3:30 Quiet Time<br>4:00 Conversation Boxes<br>6:00 Evening Stretching | 9:00 Orientation to the Day<br>10:30 Exercise<br>11:00 Manicures<br>1:00 Brain Teasers<br>2:15 - 3:30 Quiet Time<br>4:00 Sensory Stimulation Taste<br>6:00 Evening Stretching | 9:00 Orientation to the Day<br>10:30 Exercise<br>11:00 Courtyard Safari<br>1:00 Ice Cream Social<br>2:15 - 3:30 Quiet Time<br>4:00 Friday Nite Matinée/Popcorn<br>6:00 Evening Stretching | 9:00 Orientation to the Day<br>10:30 Exercise<br>11:00 Trivia<br>1:00 Brain Teasers<br>2:15 - 3:30 Quiet Time<br>4:00 Pet Therapy<br>6:00 Evening Stretching                                |
| 30   | 31   | <p>Robert Whiting, an elderly gentleman of 83, arrived in Paris by plane. At French Customs, he took a few minutes to locate his passport in his carry on. "You have been to France before, monsieur?" the customs officer asked sarcastically. Mr. Whiting admitted that he had been to France previously. "Then you should know enough to have your passport ready." The American said, "The last time I was here, I didn't have to show it." "Impossible. Americans always have to show your passports on arrival in France!" The American senior explained, "Well, when I came ashore at Omaha Beach on D-Day in 1944 to help liberate this country, I couldn't find a single Frenchmen to show a passport to."</p> |  |   |   |    |