

# MARCH 2017

# SENIOR LIVING EVENTS

## Regency Retirement Village of Birmingham

285 West Oxmoor Road | Birmingham, AL 35209 | (205) 942-3355



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>~ An Old Irish Blessing ~</p> <p>May the road rise up to meet you. May the wind always be at your back. May the sun shine warm upon your face, and rains fall soft upon your fields. And until we meet again, May God hold you in the palm of His hand.</p> <p>Never iron a four leaf clover. You don't want to press your luck.</p> <p>Try to say, "Irish wristwatch" five times.</p>		<p>1</p> <p>9:30 Exercise (S) 10:30 BINGO (S) 1:00 UNO (B)</p> <p>Ash Wednesday Service with Rev. John Mount 2:00 Somerset 3:00 Berkshire</p> <p>Happy Birthday Bill Holman</p>	<p>2</p> <p>OMELET STATION (B) BEAUTY SALON OPEN (S &amp; B)</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 Bible Blessings - Bret (S) 12:00 Music with Scott Welch (B) 2:00 Bible Blessings - Debbie (B) 2:30 Kings in the Corner (S) 3:00 Chicken Foot Dominoes (B)</p>	<p>3</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 Dominoes (S) 12:00 March Birthdays (S) 12:30 Movie: "The Shack" (FREE) 2:00 Word Game (S)</p>	<p>4</p> <p>10:30 BINGO (S)</p> <p>Johny Wayne Abbott 1:00 Somerset 3:00 Berkshire</p>
<p>5</p> <p>3:00 Chicken Foot Dominoes (B) 4:00 Homewood Church of Christ Nondenominational Service (S)</p>	<p>6</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 BINGO (S) 1:00 Chicken Foot Dominoes (B) 2:00 Bham Mounted Patrol (S) 5:00 Al Mahan (B)</p>	<p>7</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 Kings in the Corner (S) Nails by Eisha (S) 1:00 WALMART 2:00 Scrabble (S) 3:00 Tai Chi (B)</p>	<p>8</p> <p>9:30 Exercise (S) 10:30 Al Mahan (S) 9:30 Exercise (S) 1:00 PUBLIX 2:00 BINGO (S) Phase 10 (B) 3:30 Saran Wrap Game (B)</p>	<p>9</p> <p>OMELET STATION (B) BEAUTY SALON OPEN (S &amp; B) 9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 Bible Blessings - Coach (S) 1:00 Bible Blessings - Coach (B) 2:00 Dollar Tree/Thrift Store UNO (S) 3:00 Chicken Foot Dominoes (B)</p>	<p>10</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 UNO (S) 11:00 Lunch Bunch - Dreamland 11:30 March Birthdays (B) 2:00 Word Game (S) 3:00 Word Game (B)</p>	<p>11</p> <p>The Alexanders 10:00 Berkshire 11:00 Somerset</p> <p>10:30 BINGO (S)</p> <p>Happy Birthday Kenneth Algar</p>
<p>12</p> <p>Daylight Saving Time Begins (Spring FORWARD 1 hour) 3:00 Chicken Foot Dominoes (B) 4:00 Homewood Church of Christ Nondenominational Service (S) Happy Birthday Doris Muir</p>	<p>13</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 BINGO (S) 1:00 Chicken Foot Dominoes (B) 2:00 GENTIVA Home Health (S) Bible Blessings - Talulah (B) 3:00 GENTIVA Home Health (B)</p>	<p>14</p> <p>9:15 Mind in Motion (S) 9:30 Dance Fit (S) 10:00 Balance &amp; Core (B) 10:30 Dominoes (S) 1:00 WALMART 2:00 Kings in the Corner (S)</p> <p>National Potato Chip Day 2:30 Somerset 3:30 Berkshire</p>	<p>15</p> <p>9:30 Exercise (S) 10:30 BINGO (S) 1:00 Kings in the Corner (B) 2:00 James &amp; James (S) Blood Pressure Check (B) 3:30 James &amp; James (B)</p>	<p>16</p> <p>OMELET STATION (B) BEAUTY SALON OPEN (S &amp; B)</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:00 Bible Blessings - Jean (S) 1:00 TARGET Phase 10 (B) 3:00 Jackpot BINGO (B) \$1 per card</p>	<p>17</p> <p>HAPPY ST. PATRICK'S DAY</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 Kings in the Corner (S) 11:00 Lunch Bunch - Hamburger Heaven 1:00 Truth or Blarney (B) 2:00 Word Game (S) 3:00 Word Game (B)</p>	<p>18</p> <p>10:30 BINGO (S)</p> <p>Matinée Movie 1:00 Somerset 2:00 Berkshire</p>
<p>19</p> <p>2:30ish Hymn Sing-A-Long with Chaplain Leigh Ann Min (B) 4:00 Homewood Church of Christ Nondenominational Service (S) Happy Birthday Martha Herren</p>	<p>20</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 BINGO (S) 1:00 Chicken Foot Dominoes (B) 2:00 Scrabble (S)</p> <p>Food Committee MTG 2:30 Somerset 3:00 Berkshire</p>	<p>21</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 UNO (S) 1:00 WALMART 2:00 Scrabble (S) 3:00 Tai Chi (B)</p>	<p>22</p> <p>9:30 Exercise (S) 10:30 BINGO (S) 1:00 UNO (B) 2:00 Resident Council MTG (S) 2:30 Music Therapy (S) Resident Council MTG (B) 3:30 Music Therapy (B)</p>	<p>23</p> <p>OMELET STATION (B) BEAUTY SALON OPEN (S &amp; B)</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 Bible Blessings - Alton (S) 2:00 Kings in the Corner (S) 3:00 BINGO (B) 3:30 Handbells with Jennifer (S)</p>	<p>24</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 Dominoes (S) 1:00 Kings in the Corner (B)</p> <p>1:00 - 4:00 Free Vision Tests with UAB doctors (S)</p> <p>2:00 Word Game (S) 3:00 Word Game (B)</p>	<p>25</p> <p>10:30 BINGO (S)</p> <p>Pet Therapy 10:30 Berkshire 10:45 Memory Care 11:15 Somerset</p>
<p>26</p> <p>St. Patrick's Music Rising Road Celtic Ensemble 2:00 Somerset 3:00 Berkshire 4:00 Homewood Church of Christ Nondenominational Service (S)</p>	<p>27</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 BINGO (S) 1:00 Chicken Foot Dominoes (B) 2:00 Kings in the Corner (S) 3:00 Travelogue - Swiss Alps (B)</p>	<p>28</p> <p>9:15 Mind in Motion (S) 9:30 Dance Fit (S) 10:00 Balance &amp; Core (B) 10:30 Scrabble (S) 1:00 WALMART 2:00 UNO (S) 3:30 Cranium Crunches &amp; Chocolate (B)</p>	<p>29</p> <p>9:30 Exercise (S) 10:30 BINGO (S) 1:00 UNO (B) 2:00 Mr. King's Art Show (S) 3:00 Abbott &amp; Costello Show featuring "Who's On First" (B)</p>	<p>30</p> <p>OMELET STATION (B) BEAUTY SALON OPEN (S &amp; B)</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:00 Dominoes (S) 1:00 Kings in the Corner (B)</p> <p>Clear Caption Phone Seminar 2:30 Somerset 3:30 Berkshire</p>	<p>31</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 Kings in the Corner (S) 1:00 Phase 10 (B) 2:00 Word Game (S) 3:00 Word Game (B)</p>	