

# JANUARY 2018




# SENIOR LIVING EVENTS



## Regency Retirement Village of Birmingham

285 West Oxmoor Road | Birmingham, AL 35209 | (205) 942-3355

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>1</p> <p>HAPPY NEW YEAR!</p> <p>WELCOME 2018</p> <p>Happy Birthday Martha Wentzel</p>	<p>2</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 Scrabble (S) 1:00 WALMART 2:00 Go Fish (S) 3:00 Tai Chi (B)</p>	<p>3</p> <p>9:30 Exercise (S) 10:30 BINGO (S) 12:30 Thrift Store 1:30 Phase 10 (B) 2:00 UNO (S) 3:00 WORD Game</p>	<p>4</p> <p>OMELET STATION (B) BEAUTY SALON OPEN (S &amp; B)</p> <p>10:00 Exercise (S) 10:30 Kings in the Corner (S) 1:00 Chicken Foot Dominoes (B) 2:00 Yogurt Mountain UNO (S)</p>	<p>5</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 BINGO (S) 11:00 Lunch Bunch - CiCi's Pizza Buffet - \$7.00 12:00 January Birthdays (S) 2:00 WORD Game (S) 3:00 UNO (B)</p>	<p>6</p> <p>10:30 Kings in the Corner (S)</p> <p>5:00 Chicken Foot Dominoes (B)</p> <p>Happy Birthday Pat Butler</p>
<p>7</p> <p>Johny Wayne Abbott 1:00 Somerset 3:00 Berkshire</p> <p>4:00 Homewood Church of Christ Nondenominational Service (S) EVERYONE IS INVITED!</p>	<p>8</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 BINGO (S) 12:30 Negro Southern Baseball League Museum 2:00 Scrabble (S) 3:00 UNO (B)</p>	<p>9</p> <p>9:15 Mind in Motion (S) 9:30 Dance Fit (S) 10:00 Balance &amp; Core (B) 10:30 Bible Study - Talulah (S) 1:00 WALMART 2:00 Kings in the Corner (S) 3:00 Tai Chi (B)</p>	<p>10</p> <p>9:30 Exercise (S) 10:30 BINGO (S) 12:30 Dollar Tree AND Publix 1:30 UNO (B) 2:00 Jingo (S) 3:00 Phase 10 (B)</p> <p>5:00 Theme Meal: Italian Feast (S) Berkshire's residents are invited</p>	<p>11</p> <p>OMELET STATION (B) BEAUTY SALON OPEN (S &amp; B)</p> <p>10:00 Exercise (S) 10:30 Bible Blessings - Coach (S) 1:00 TARGET Bible Blessings - Coach (B) 2:00 UNO (S) 3:00 Identity Theft Seminar (B) Happy Birthday Sydney Anderson</p>	<p>12</p> <p>8:00 Men's Breakfast - IHOP 9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 BINGO (S) 11:00 Lunch Bunch - Red Lobster January Birthdays (B) 1:00 Adult Wheelchair Basketball Tourney - Lakeshore Rehab 2:00 WORD game (S)</p>	<p>13</p> <p>Alexanders 10:00 Berkshire 11:00 Somerset</p>
<p>14</p> <p>3:00 Chicken Foot Dominoes (B)</p> <p>4:00 Homewood Church of Christ Nondenominational Service (S) EVERYONE IS INVITED!</p>	<p>MARTIN LUTHER KING DAY 15</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 BINGO (S) 1:30 Gin Rummy (B) 2:00 Dominoes (S) 3:00 Medicine Management with Maria from Proxy Care (B)</p>	<p>16</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 Go Fish (S) 1:00 WALMART 2:00 Let's Play Dough (S) 3:00 Tai Chi (B)</p>	<p>17</p> <p>9:30 Exercise (S) 10:30 BINGO (S) 12:30 "The Commuter" movie at Patton Creek - PG13 (free) 1:30 UNO (B) 2:00 Kings in the Corner (S)</p>	<p>18</p> <p>OMELET STATION (B) BEAUTY SALON OPEN (S &amp; B)</p> <p>10:00 Exercise (S) 10:30 Kings in the Corner (S) 1:00 Chicken Foot Dominoes (B) 2:00 What's Wrong With This Picture? (S) 3:00 Bible Blessings - Chris B (B)</p>	<p>19</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 BINGO (S) 2:00 UNO (B) WORD game (S) 3:00 Welcome Eli Gold, the voice of Alabama Football (S)</p>	<p>20</p> <p>10:30 Kings in the Corner (S)</p> <p>5:00 Chicken Foot Dominoes (B)</p>
<p>21</p> <p>3:00 Chicken Foot Dominoes (B)</p> <p>4:00 Homewood Church of Christ Nondenominational Service (S) EVERYONE IS INVITED!</p>	<p>22</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 BINGO (S) 1:30 Chicken Foot Dominoes (B) 2:00 Go Fish (S) 3:00 Clarence Lawson, singer (B)</p>	<p>23</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 Jingo (S) 1:30 UNO (B)</p> <p>Come Out For A Scoop of Italian Ice 2:00 Somerset 3:00 Berkshire</p>	<p>24</p> <p>9:30 Exercise (S) 10:30 BINGO (S) 2:00 Resident Council Mtg. (S) 2:30 Music Therapy - Blake (S) Resident Council Mtg. (B) 3:30 Music Therapy - Blake (S)</p> <p>Happy Birthday Frances Street</p>	<p>25</p> <p>OMELET STATION (B) BEAUTY SALON OPEN (S &amp; B)</p> <p>10:00 Exercise (S) 10:30 Bible Blessings - Alton (S) 1:00 UNO (B) 2:30 Handbells with Amanda (S) 3:30 BINGO (B)</p>	<p>26</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 BINGO (S) 1:00 WALMART 1:30 WORD game (S)</p> <p>Elvis Impersonator, Billy Brooks 3:00 Somerset Dining Room</p>	<p>27</p> <p>10:30 Kings in the Corner (S)</p> <p>Pet Therapy 10:30 (B) 10:45 (MC) 11:15 (S)</p> <p>5:00 Chicken Foot Dominoes (B)</p>
<p>28</p> <p>3:00 Chicken Foot Dominoes (B)</p> <p>4:00 Homewood Church of Christ Nondenominational Service (S) EVERYONE IS INVITED!</p>	<p>29</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 BINGO (S) 1:00 UNO (B)</p> <p>Dana Lawrence, piano 2:00 Somerset 3:00 Berkshire</p>	<p>30</p> <p>9:15 Mind in Motion (S) 9:30 Dance Fit (S) 10:00 Balance &amp; Core (B) 10:30 Dominoes (S) 1:00 WALMART 2:00 Kings in the Corner (S) 3:00 Tai Chi (B)</p>	<p>31</p> <p>9:30 Exercise (S) 10:30 BINGO (S) 1:30 Phase 10 (B)</p> <p>Songbirds 2:00 Somerset 2:45 Berkshire</p>	<p>THOUGHTS ABOUT A NEW YEAR...</p> <p>The new year has brought another chance for us to set things right and to open up a new chapter in our lives.</p> <p>Don't think of the opportunities that you have missed in the last year. The New Year is an unwritten book, so choose your actions and words wisely and fill it up with pages that are worth reading by the end of the year.</p> <p>Unlike what most people think, it is never too late to be what you wish to be.</p> 