

# DECEMBER 2017

# REGENCY REFLECTIONS EVENTS

**Regency Retirement Village of Birmingham**

285 West Oxmoor Road | Birmingham, AL 35209 | (205) 942-3355

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>~ ~ It's not what's around the Christmas tree that matters, it's who's gathered around it ~ ~                      ~ ~ May the Spirit of Christmas fill your heart with joy ~ ~                      ~ ~ He who has not Christmas in his heart will never find it under a tree ~ ~</p> <p>Luke 2:11 -14 Today in the town of David a Savior has been born to you; he is the Messiah, the Lord. This will be a sign to you: You will find a baby wrapped in cloths and lying in a manger. Suddenly a great company of the heavenly host appeared with the angel, praising God and saying, "Glory to God in the highest heaven, and on earth peace to everyone."</p>						1	2
3	4	5	6	7	8	9	
9:00 Orientation to the Day 10:00 Exercise 11:00 Devotion 1:00 Bible Blessings 2:00 Snack, Rest & Relaxation 4:00 Bible Games 6:00 Soft Music & Relaxation	9:00 Orientation to the Day 10:30 Exercise 11:00 Sing-A-Long 1:00 Dec. Birthdays Celebration 3:00 Carolers Dropping By 4:00 Monday Night Bingo 6:00 Evening Stretching	9:00 Orientation to the Day 9:30 Tai Chi 10:30 Exercise 11:00 Bible Trivia 1:00 Wear A Hat Tell A Story 2:15 - 3:30 Quiet Time 4:00 Board Games 6:00 Evening Stretching	9:00 Orientation to the Day 10:30 Exercise 11:00 Super Smells 1:00 "I Remember When" stories 2:15 - 3:30 Quiet Time 4:00 Name That Capital 6:00 Evening Stretching	BEAUTY SALON OPEN 9:00 Orientation to the Day 10:30 Exercise 11:00 Manicures 1:00 Sorting 2:15 - 3:30 Quiet Time 4:00 Arts and Crafts 6:00 Evening Stretching	9:00 Orientation to the Day 10:30 Exercise 11:00 Courtyard Safari 1:00 The Olympics 2:15 - 3:30 Quiet Time 4:00 Friday Nite Matinée/Popcorn 6:00 Evening Stretching	9:00 Orientation to the Day 10:30 Exercise 11:00 Arts and Crafts 1:00 Brain Teasers 2:15 - 3:30 Quiet Time 4:00 Ring Toss 6:00 Evening Stretching	
10	11	12	13	14	15	16	
9:00 Orientation to the Day 10:00 Exercise 11:00 Devotion 1:00 Bible Blessings 2:00 Snack, Rest & Relaxation 4:00 Bible Games 6:00 Soft Music & Relaxation	9:00 Orientation to the Day 10:30 Exercise 11:00 Arts and Crafts 1:00 Sensory Stimulation Sound 2:15 - 3:30 Quiet Time 4:00 Monday Night Bingo 6:00 Evening Stretching * Happy Birthday George Quinn *	9:00 Orientation to the Day 10:30 Exercise 11:00 Bible Trivia 1:00 Wear A Hat Tell A Story 2:15 - 3:30 Quiet Time 4:00 Board Games 6:00 Evening Stretching	9:00 Orientation to the Day 10:30 Exercise 11:00 Cup Stacking Game 1:00 Conversation Boxes 2:15 - 3:30 Quiet Time 4:00 Board Games 6:00 Evening Stretching	BEAUTY SALON OPEN 9:00 Orientation to the Day 10:30 Exercise 11:00 Manicures 1:00 Remember I Am Still Me 2:15 - 3:30 Quiet Time 4:00 Hangman 6:00 Evening Stretching	9:00 Orientation to the Day 10:00 Music Therapy 10:30 Exercise 11:00 Courtyard Safari 1:00 The Olympics 2:15 - 3:30 Quiet Time 4:00 Friday Nite Matinée/Popcorn 6:00 Evening Stretching	9:00 Orientation to the Day 10:30 Exercise 11:00 Board Games 1:00 Puzzles 2:15 - 3:30 Quiet Time 4:00 Feel Good Music 6:00 Evening Stretching	
17	18	19	20	21	22	23	
9:00 Orientation to the Day 10:00 Exercise 11:00 Devotion 1:00 Bible Blessings 2:00 Snack, Rest & Relaxation 4:00 Bible Games 6:00 Soft Music & Relaxation	9:00 Orientation to the Day 10:30 Exercise 11:00 Chair Bowling 1:00 Sensory Stimulation Smell 2:15 - 3:30 Quiet Time 4:00 Monday Night Bingo 6:00 Evening Stretching	9:00 Orientation to the Day 10:00 Balance & Core Exercise 11:00 Bible Trivia 1:00 Start Remember I Am Still Me Album 2:15 - 3:30 Quiet Time 4:00 Chess/Checkers/Tic-Tac-Toe 6:00 Evening Stretching	9:00 Orientation to the Day 10:30 Exercise 11:00 "I Remember When" stories 1:00 Bean Bag Toss 2:15 - 3:30 Quiet Time 4:15 Board Games 6:00 Evening Stretching	BEAUTY SALON OPEN 9:00 Orientation to the Day 10:30 Exercise 11:00 Manicures 1:00 Ring Toss 2:15 - 3:30 Quiet Time 4:00 Memory Bag 6:00 Evening Stretching	9:00 Orientation to the Day 10:30 Exercise 11:00 Courtyard Safari 1:00 Ice Cream Social 2:15 - 3:30 Quiet Time 4:00 Friday Nite Matinée/Popcorn 6:00 Evening Stretching	9:00 Orientation to the Day 10:30 Exercise 10:45 Hand in Paw Pet Therapy 11:00 Trivia 1:00 Brain Teasers 2:15 - 3:30 Quiet Time 4:00 Ring Toss 6:00 Evening Stretching	
24	25	26	27	28	29	30	
9:00 Orientation to the Day 10:00 Exercise 11:00 Devotion 1:00 Bible Blessings 2:00 Snack, Rest & Relaxation 4:00 Bible Games 6:00 Soft Music & Relaxation	MERRY CHRISTMAS 9:00 Orientation to the Day 10:30 Exercise 11:00 Ring Toss 1:00 Sensory Stimulation Sight 2:15 - 3:30 Quiet Time 4:00 Monday Night Bingo 6:00 Evening Stretching	9:00 Orientation to the Day 10:30 Exercise 11:00 Bible Trivia 1:00 Wear A Hat Tell A Story 2:15 - 3:30 Quiet Time 4:00 Board Games 6:00 Evening Stretching	9:00 Orientation to the Day 10:30 Exercise 11:00 "I Remember When" stories 1:00 Cup Stacking Game 2:00 Handbells with Amanda 4:00 Conversation Boxes 6:00 Evening Stretching	BEAUTY SALON OPEN 9:00 Orientation to the Day 10:30 Exercise 11:00 Manicures 1:00 Brain Teasers 2:15 - 3:30 Quiet Time 4:00 Sensory Stimulation Taste 6:00 Evening Stretching	9:00 Orientation to the Day 10:00 Music Therapy 10:30 Exercise 11:00 Courtyard Safari 2:15 - 3:30 Quiet Time 4:00 Friday Nite Matinée/Popcorn 6:00 Evening Stretching	9:00 Orientation to the Day 10:30 Exercise 11:00 Trivia 1:00 Brain Teasers 2:15 - 3:30 Quiet Time 4:00 Pet Therapy 6:00 Evening Stretching	
31	HAPPY NEW YEAR'S EVE 9:00 Orientation to the Day 10:00 Exercise 11:00 Devotion 1:00 Bible Blessings 2:00 Snack, Rest & Relaxation 4:00 Bible Games 6:00 Soft Music & Relaxation						
<p>In 1952 on Christmas Eve, at the bakery we had recently purchased, we counted the receipts, cleaned the shop and headed for home with our two sleepy children. Suddenly, we remembered we had not gotten a tree. We looked for a vendor who might have a tree left, to no avail. About a mile from home, we stopped for a red light. Suddenly, a gust of wind blew, and something hit the front of our truck. My husband went out to investigate. The next thing I knew, my husband was throwing a good-sized evergreen into the back of the truck. He went into the mom-and-pop store at the corner where we were and asked the proprietor how much he wanted for the tree. He said he wasn't selling Christmas trees that year. We never did find out how the tree got in the middle of the road, but somehow we feel we know. Incidentally, it was the most beautiful tree we have ever had. — Gertrude Albert, Pittsburgh, Penn</p> <p>What is YOUR Christmas story? Share it with someone today.</p>							