

# MARCH 2018

# SENIOR LIVING EVENTS

## Regency Retirement Village of Birmingham

285 West Oxmoor Road | Birmingham, AL 35209 | (205) 942-3355

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p style="text-align: center;"><b>ALABAMA SLANG</b></p> <ul style="list-style-type: none"> <li>~ Bless your heart: "Aw, I'm so sorry about that," or "You poor thing"</li> <li>~ Flxin' to: "I am going to" or "I am about to"</li> <li>~ Stove-up: Muscles are sore/stiff</li> <li>~ Preaching to the choir: Making a point to someone who agrees with your position</li> <li>~ That dog won't hunt: Bad idea</li> <li>~ Madder than a wet settin' hen: Furious, causing a scene</li> <li>~ Yonder: It can mean 100 feet to a few miles away, as long as it's out of sight</li> <li>~ Hissy fit: Dramatic loss of one's temper</li> </ul>						
<p style="text-align: right;">4</p> <p>3:00 Chicken Foot Dominoes (B)</p> <p>4:00 Homewood Church of Christ Nondenominational Service (S)</p>	<p style="text-align: right;">5</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 BINGO (S) 1:30 Chicken Foot Dominoes (B) 2:00 Kings in the Corner (S) 5:00 Al Mahon, singer (B)</p>	<p style="text-align: right;">6</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 Bible Study - Talulah (S) 1:00 WALMART 2:00 Scrabble (S) 3:00 Tai Chi (B)</p>	<p style="text-align: right;">7</p> <p>9:30 Exercise (S) 10:30 Al Mahon, singer (S) 12:30 Thrift Store 1:30 Phase 10 (B) 2:00 Go Fish (S) 3:00 BINGO (B)</p>	<p style="text-align: right;">8</p> <p>OMELET STATION (B) BEAUTY SALON OPEN (S &amp; B)</p> <p>10:00 Exercise (S) 10:30 Bible Blessings - Coach (S) 1:00 Bible Blessings - Coach (B) 2:00 Bham Humane Society Tour Kings in the Corner (S) 3:30 UNO (B)</p> <p style="text-align: center;">Happy Birthday Bill Holman</p>	<p style="text-align: right;">9</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 BINGO (S) 11:00 LUNCH BUNCH - IHOP 11:30 March Birthdays (B) 1:30 Attack UNO (B) 2:00 WORD Game (S) 3:00 Phase 10 (B)</p>	<p style="text-align: right;">10</p> <p>10:30 Kings in the Corner (S)</p> <p>5:00 Chicken Foot Dominoes (B)</p> <p style="text-align: center;">~ DAYLIGHT SAVING TIME ~ Spring FORWARD 1 hour before you go to bed</p>
<p style="text-align: right;">11</p> <p>DAYLIGHT SAVING TIME BEGINS</p> <p>3:00 Chicken Foot Dominoes (B)</p> <p>4:00 Homewood Church of Christ Nondenominational Service (S)</p> <p>Happy Birthday Kenneth Algar</p>	<p style="text-align: right;">12</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:00 Bible Blessings - Jean (S) 11:00 BINGO (S) 1:30 Chicken Foot Dominoes (B) 2:30 Krispy Kreme Run</p> <p style="text-align: center;">Happy Birthday Doris Muir</p>	<p style="text-align: right;">13</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 UNO (S) 1:00 WALMART 2:00 Who Am I? (S) 3:30 Travelogue to China (B)</p>	<p style="text-align: right;">14</p> <p>9:30 Exercise (S) 10:30 BINGO (S) 12:30 Dollar Tree/Publix 1:30 Chicken Foot Dominoes (B) 2:00 UNO (S)</p> <p>5:00 Latin Theme Dinner (S) (all residents are invited)</p>	<p style="text-align: right;">15</p> <p>OMELET STATION (B) BEAUTY SALON OPEN (S &amp; B)</p> <p>10:00 Exercise (S) 10:30 UNO (S) 1:30 Gin Rummy (B)</p> <p style="text-align: center;">Ben Ezell, singer 2:00 Memory Care 3:00 Berkshire</p>	<p style="text-align: right;">16</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 BINGO (S) 1:30 Phase 10 (B) 2:30 Legends Show (S Dining) (all residents are invited) 3:00 Gin Rummy (B)</p>	<p style="text-align: right;">17</p> <p>HAPPY ST. PATRICK'S DAY</p> <p>10:30 Kings in the Corner (S)</p> <p>5:00 Chicken Foot Dominoes (B)</p>
<p style="text-align: right;">18</p> <p>Pet Therapy 2:00 Berkshire 2:15 Memory Care 2:45 Somerset</p> <p>3:00 Chicken Foot Dominoes (B)</p> <p>4:00 Homewood Church of Christ Nondenominational Service (S)</p>	<p style="text-align: right;">19</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 BINGO (S) 1:30 Chicken Foot Dominoes (B)</p> <p style="text-align: center;">James &amp; James, singers 2:00 Somerset 3:15 Berkshire</p> <p style="text-align: center;">Happy Birthday Martha Herren</p>	<p style="text-align: right;">20</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 JINGO (S) 1:00 WALMART 2:00 Kings in the Corner (S) 3:30 Singing with the Oldies (B)</p>	<p style="text-align: right;">21</p> <p>9:30 Exercise (S) 10:30 BINGO (S) 1:30 Phase 10 (B) 2:00 Who Am I? (S)</p> <p>3:00 Celebrating Jack Hoffman on World Down Syndrome Day (B)</p>	<p style="text-align: right;">22</p> <p>OMELET STATION (B) BEAUTY SALON OPEN (S &amp; B)</p> <p>10:00 Exercise (S) 10:30 Bible Blessings - Alton (S) 1:30 Chicken Foot Dominoes (B) 2:30 Handbells with Amanda (S) 3:30 Kings in the Corner (B)</p>	<p style="text-align: right;">23</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 BINGO (S) 12:30 Going To The Movie "I Can Only Imagine" Cost: \$5.00 2:00 WORD Game (S) 3:00 UNO (B)</p>	<p style="text-align: right;">24</p> <p>10:30 Kings in the Corner (S)</p> <p style="text-align: center;">Clay Ferris, singer 1:00 Berkshire 2:00 Somerset</p> <p>5:00 Chicken Foot Dominoes (B)</p>
<p style="text-align: right;">25</p> <p>3:00 Chicken Foot Dominoes (B)</p> <p>4:00 Homewood Church of Christ Nondenominational Service (S)</p>	<p style="text-align: right;">26</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 BINGO (S) 1:30 Chicken Foot Dominoes (B)</p> <p style="text-align: center;">Wayne Lowe, singer 2:00 Somerset 3:00 Berkshire</p>	<p style="text-align: right;">27</p> <p>9:15 Mind in Motion (S) 9:30 Dance Fit (S) 10:30 Play Dough Therapy (S) 1:00 WALMART 2:00 Dominoes (S) 3:00 Tai Chi (B)</p>	<p style="text-align: right;">28</p> <p>9:30 Exercise (S) 10:30 BINGO (S) 1:30 UNO (B) 2:00 Residents Council Mtg. (S) 2:30 Music Therapy - Blake (S) Residents Council Mtg. (B) 3:30 Music Therapy - Blake (B)</p>	<p style="text-align: right;">29</p> <p>OMELET STATION (B) BEAUTY SALON OPEN (S &amp; B)</p> <p>10:00 Exercise (S) 10:30 Bible Blessings - Debbie (S) 12:30 Negro Baseball Museum 2:00 Go Fish (S) 3:30 Phase 10 (B)</p>	<p style="text-align: right;">30</p> <p>GOOD FRIDAY</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 BINGO (S) 11:00 LUNCH BUNCH -Taco Casa 1:30 UNO (B) 2:00 WORD Game (S) 3:00 BINGO (B)</p>	<p style="text-align: right;">31</p> <p>10:30 Kings in the Corner (S)</p> <p>5:00 Chicken Foot Dominoes (B)</p>