

APRIL 2018

REGENCY REFLECTIONS EVENTS

Regency Retirement Village of Birmingham

285 West Oxmoor Road | Birmingham, AL 35209 | (205) 942-3355

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|---|--|---|--|---|
| HAPPY EASTER 1 9:00 Orientation to the Day 10:00 Exercise 11:00 Devotion 1:00 Bible Blessings 2:00 Snack, Rest & Relaxation 4:00 Bible Games 6:00 Soft Music & Relaxation | 2 9:00 Orientation to the Day 10:30 Exercise 11:00 Sing-A-Long 1:00 April Birthdays Celebration 2:15 - 3:30 Quiet Time 4:00 Monday Night Bingo 6:00 Evening Stretching | 3 9:00 Orientation to the Day 9:30 Tai Chi 10:30 Exercise 11:00 Bible Trivia 1:00 Wear A Hat Tell A Story 2:15 - 3:30 Quiet Time 4:00 Board Games 6:00 Evening Stretching | 4 9:00 Orientation to the Day 10:30 Exercise 11:00 Super Smells 1:00 "I Remember When" stories 2:15 - 3:30 Quiet Time 4:00 Name That Capital 6:00 Evening Stretching | 5 BEAUTY SALON OPEN 9:00 Orientation to the Day 10:30 Violin with Connie 11:00 Manicures 1:00 Sorting 2:15 - 3:30 Quiet Time 4:00 Arts and Crafts 6:00 Evening Stretching | 6 9:00 Orientation to the Day 10:30 Exercise 11:00 Courtyard Safari 2:15 - 3:30 Quiet Time 4:00 Friday Nite Matinée/Popcorn 6:00 Evening Stretching | 7 9:00 Orientation to the Day 10:30 Exercise 11:00 Trivia 1:00 Brain Teasers 2:00 Steve Rayborn, singer 4:00 Pet Therapy 6:00 Evening Stretching |
| 8 9:00 Orientation to the Day 10:00 Exercise 11:00 Devotion 1:00 Bible Blessings 2:00 Snack, Rest & Relaxation 4:00 Bible Games 6:00 Soft Music & Relaxation | 9 9:00 Orientation to the Day 10:30 Exercise 11:00 Arts and Crafts 1:00 Sensory Stimulation Sound 2:15 - 3:30 Quiet Time 4:00 Monday Night Bingo 6:00 Evening Stretching | 10 9:00 Orientation to the Day 10:30 Exercise 11:00 Bible Trivia 1:00 Wear A Hat Tell A Story 2:15 - 3:30 Quiet Time 4:00 Board Games 6:00 Evening Stretching | 11 9:00 Orientation to the Day 10:30 Exercise 11:00 Super Smells 1:00 "I Remember When" stories 2:15 - 3:30 Quiet Time 4:00 Name That Capital 6:00 Evening Stretching | 12 BEAUTY SALON OPEN 9:00 Orientation to the Day 10:30 Exercise 11:00 Manicures 1:00 Remember I Am Still Me 2:15 - 3:30 Quiet Time 4:00 Hangman 6:00 Evening Stretching | 13 9:00 Orientation to the Day 10:30 Exercise 11:00 Courtyard Safari 1:00 The Olympics 2:15 - 3:30 Quiet Time 4:00 Friday Nite Matinée/Popcorn 6:00 Evening Stretching | 14 9:00 Orientation to the Day 10:30 Exercise 11:00 Arts and Crafts 1:00 Brain Teasers 2:15 - 3:30 Quiet Time 4:00 Ring Toss 6:00 Evening Stretching |
| 15 9:00 Orientation to the Day 10:00 Exercise 11:00 Devotion 1:00 Bible Blessings 2:00 Snack, Rest & Relaxation 2:15 Hand in Paw Pet Therapy 4:00 Bible Games 6:00 Soft Music & Relaxation | 16 9:00 Orientation to the Day 10:30 Exercise 11:00 Chair Bowling 1:00 Sensory Stimulation Smell 2:15 - 3:30 Quiet Time 4:00 Monday Night Bingo 6:00 Evening Stretching | 17 9:00 Orientation to the Day 10:00 Balance & Core Exercise 11:00 Bible Trivia 1:00 Start Remember I Am Still Me Album 2:15 - 3:30 Quiet Time 4:00 Chess/Checkers/Tic-Tac-Toe 6:00 Evening Stretching *** Happy Birthday Reed Hull *** | 18 9:00 Orientation to the Day 10:30 Exercise 11:00 "I Remember When" stories 1:00 Bean Bag Toss 2:15 - 3:30 Quiet Time 4:15 Board Games 6:00 Evening Stretching | 19 BEAUTY SALON OPEN 9:00 Orientation to the Day 10:30 Exercise 11:00 Manicures 1:00 Ring Toss 2:00 Handbells with Amanda 4:00 Memory Bag 6:00 Evening Stretching | 20 9:00 Orientation to the Day 10:00 Music Therapy 10:30 Exercise 11:00 Courtyard Safari 1:00 The Olympics 2:15 - 3:30 Quiet Time 4:00 Friday Nite Matinée/Popcorn 6:00 Evening Stretching | 21 9:00 Orientation to the Day 10:30 Exercise 11:00 Board Games 1:15 Art Therapy with Carrie 2:15 - 3:30 Quiet Time 4:00 Feel Good Music 6:00 Evening Stretching |
| 22 9:00 Orientation to the Day 10:00 Exercise 11:00 Devotion 1:00 Bible Blessings 2:00 Snack, Rest & Relaxation 4:00 Bible Games 6:00 Soft Music & Relaxation | 23 9:00 Orientation to the Day 10:30 Exercise 11:00 Ring Toss 1:00 Sensory Stimulation Sight 2:15 - 3:30 Quiet Time 4:00 Monday Night Bingo 6:00 Evening Stretching | 24 9:00 Orientation to the Day 10:30 Exercise 11:00 Bible Trivia 1:00 Wear A Hat Tell A Story 2:15 - 3:30 Quiet Time 4:00 Board Games 6:00 Evening Stretching | 25 9:00 Orientation to the Day 10:30 Exercise 11:00 "I Remember When" stories 1:00 Cup Stacking Game 2:15 - 3:30 Quiet Time 4:00 Conversation Boxes 6:00 Evening Stretching | 26 BEAUTY SALON OPEN 9:00 Orientation to the Day 10:30 Exercise 11:00 Manicures 1:00 Brain Teasers 2:15 - 3:30 Quiet Time 4:00 Sensory Stimulation Taste 6:00 Evening Stretching | 27 9:00 Orientation to the Day 10:00 Music Therapy 11:00 Courtyard Safari 1:00 Ice Cream Social 2:15 - 3:30 Quiet Time 4:00 Friday Nite Matinée/Popcorn 6:00 Evening Stretching | 28 9:00 Orientation to the Day 10:30 Exercise 11:00 Trivia 1:00 Brain Teasers 2:15 - 3:30 Quiet Time 4:00 Ring Toss 6:00 Evening Stretching |
| 29 9:00 Orientation to the Day 10:00 Exercise 11:00 Devotion 1:00 Bible Blessings 2:00 Snack, Rest & Relaxation 4:00 Bible Games 6:00 Soft Music & Relaxation | 30 9:00 Orientation to the Day 10:30 Exercise 11:00 Arts and Crafts 1:00 Sensory Stimulation Sound 2:15 - 3:30 Quiet Time 4:00 Monday Night Bingo 6:00 Evening Stretching |  <p>On the third day He will rise again! ~ Matt. 20:19 God loves each of us as if there were only one of us. Proof? John 3:16</p> | | | | |