


# MAY 2018

# SENIOR LIVING EVENTS

## Regency Retirement Village of Birmingham

285 West Oxmoor Road | Birmingham, AL 35209 | (205) 942-3355

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>~~ KNOCK, KNOCK JOKES ~~</p> <p>Knock, knock. Who's there? Justin. Justin who? Justin the neighborhood and thought I'd come over!</p> <p>Knock, knock. Who's there? Wooden shoe. Wooden shoe who? Wooden shoe like to hear another joke?</p> <p>Knock, knock. Who's there? Spell. Spell who. OK, W.H.O.</p>		<p>1</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 Bible Study w/ Talulah (S) 1:00 WALMART</p> <p>Patrick Calvert 2:00 Somerset 3:30 Berkshire</p>	<p>2</p> <p>9:30 Exercise (S) 10:30 BINGO (S) 12:30 Thrift Store 1:30 Chicken Foot Dominoes (B) 2:00 Kings in the Corner (S) 3:00 Gin Rummy (B)</p> <p>Happy Birthday Louise Hoffman</p>	<p>3</p> <p>OMELET STATION (B) BEAUTY SALON OPEN (S &amp; B)</p> <p>10:00 Exercise (S) 10:30 UNO (S) 12:15 Barons Park Tour 2:00 Kings in the Corner (S) 3:30 Giant Black Jack (B)</p> <p>Tell someone a joke today</p>	<p>4</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 BINGO (S) 11:00 Lunch Bunch - Jim N Nick's 12:00 Blood Pressure Check (B) (IL Dining Room) 2:00 WORD Game (S) 3:00 WORD Game (B)</p>	<p>5</p> <p>10:30 Kings in the Corner (S)</p> <p>Johny Wayne Abbott 1:00 Somerset 3:00 Berkshire</p> <p>5:00 Chicken Foot Dominoes (B)</p> <p>Happy Birthday Anita Moore</p>
<p>6</p> <p>3:00 Chicken Foot Dominoes (B)</p> <p>4:00 Homewood Church of Christ Nondenominational Service (S) Everyone is welcome!</p> <p>Learn a new word today</p>	<p>7</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:00 Marsh Farm in Locust Fork To Pick Strawberries (sack lunch provided) 10:30 BINGO (S) 2:00 Dominoes (S) 3:00 Phase 10 (B)</p>	<p>8</p> <p>9:15 Mind in Motion (S) 9:30 Dance Fit (S) 10:00 Guided Relaxation w/ Kathy (Community Room - B) 10:30 Go Fish (S) 1:00 WALMART 2:00 Scrabble (S) 3:15 Free BINGO (B)</p>	<p>9</p> <p>9:30 Exercise (S) 10:30 BINGO (S) 12:30 Dollar Tree/Publix 1:30 Chicken Foot Dominoes (B) 2:00 UNO (S) 3:00 Phase 10 (B)</p> <p>5:00 Themed Meal: Mother's Day Somerset Dining Room (Berkshire residents are invited)</p>	<p>10</p> <p>OMELET STATION (B) BEAUTY SALON OPEN (S &amp; B)</p> <p>10:00 Exercise (S) 10:30 Bible Blessings - Coach (S) 1:00 Bible Blessing - Coach (B) 2:00 What's Wrong With This Picture? (S) 3:00 Attack UNO (B)</p>	<p>11</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 BINGO (S) 12:00 May Birthdays (B) 1:30 Chicken Foot Dominoes (B) 2:00 WORD Game (S) 3:00 Phase 10 (B)</p> <p>Thank a Veteran today</p>	<p>12</p> <p>The Alexanders 10:00 Somerset 11:00 Berkshire</p> <p>5:00 Chicken Foot Dominoes (B)</p>
<p>13</p> <p>HAPPY MOTHER'S DAY</p> <p>3:00 Chicken Foot Dominoes (B)</p> <p>4:00 Homewood Church of Christ Nondenominational Service (S) Everyone is welcome!</p>	<p>14</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 BINGO (S) 1:30 Phase 10 (B) 2:00 Jingo (S) 3:00 Remembering the Titanic: 106 Years Later (Documentary) (B)</p>	<p>15</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 Scrabble (S) 1:00 WALMART 2:00 "Let's Get Acquainted" (S) 3:00 Tai Chi (B)</p> <p>Say hello to 5 people today</p>	<p>16</p> <p>9:30 Exercise (S) 10:30 BINGO (S) 1:30 Chicken Foot Dominoes (B)</p> <p>Italian Ice Cream &amp; Your Favorite Family Story 2:00 Somerset 3:00 Berkshire</p>	<p>17</p> <p>OMELET STATION (B) BEAUTY SALON OPEN (S &amp; B)</p> <p>9:00 Fishing at Oak Mtn Park (McDonald's lunch provided) 10:00 NO Exercise (S) 10:30 Bible Blessings - Bret (S) 2:30 Handbells with Amanda (S) 3:00 Gin Rummy (B)</p>	<p>18</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 BINGO (S) 11:00 Lunch Bunch - Taco Bell 1:30 Chicken Foot Dominoes (B) 2:00 WORD Game (S) TBA HOLOCAUST SPEAKER (B) from the Bham Holocaust Education Center</p>	<p>19</p> <p>10:30 Kings in the Corner (S)</p> <p>5:00 Chicken Foot Dominoes (B)</p> <p>Be brave today and eat lunch with someone else</p>
<p>20</p> <p>Pet Therapy 2:00 Berkshire 2:15 Memory Care 2:45 Somerset</p> <p>3:00 Chicken Foot Dominoes (B)</p> <p>4:00 Homewood Church of Christ Nondenominational Service (S) Everyone is welcome!</p>	<p>21</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 BINGO (S) 1:30 Hoover Library Free Movie "Clue" (with popcorn, candy &amp; drink) 2:00 UNO (S)</p> <p>Drink more water today</p>	<p>22</p> <p>9:15 Mind in Motion (S) 9:30 Dance Fit (S) 10:00 Guided Relaxation w/ Kathy (Community Room - B) 10:30 Dominoes (S) 1:00 WALMART 2:00 Kings in the Corner (S) 3:00 Attack UNO (B)</p>	<p>23</p> <p>9:30 Exercise (S) 10:30 BINGO (S) 1:30 Chicken Foot Dominoes (B) 2:00 Resident Council Mtg. (S) 2:30 Music Therapy (S) Resident Council Mtg. (B) 3:00 Music Therapy (B)</p> <p>Laugh out loud today</p>	<p>24</p> <p>OMELET STATION (B) BEAUTY SALON OPEN (S &amp; B)</p> <p>10:00 Exercise (S) 10:30 Bible Blessings - Alton (S) 1:00 UNO (B) 2:00 Butterfly Memory Release (at the Gazabo) 3:00 Phase 10 (B)</p>	<p>25</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 BINGO (S) 1:30 Chicken Foot Dominoes (B)</p> <p>Memorial Day Celebration 2:00 Somerset 3:00 Berkshire (Entertainment &amp; Refreshments)</p>	<p>26</p> <p>10:30 Kings in the Corner (S)</p> <p>5:00 Chicken Foot Dominoes (B)</p>
<p>27</p> <p>3:00 Chicken Foot Dominoes (B)</p> <p>4:00 Homewood Church of Christ Nondenominational Service (S) Everyone is welcome!</p> <p>Tell someone your middle name</p>	<p>28</p> <p>Happy Memorial Day</p> <p>Remembering those who died while serving in the Armed Forces. To whom we owe our eternal gratitude</p>	<p>29</p> <p>9:15 Mind in Motion (S) 9:30 Exercise (S) 10:30 UNO (S) 1:00 WALMART 2:00 Go Fish (S) 3:00 Tai Chi (B)</p> <p>Give yourself a hug today</p>	<p>30</p> <p>9:30 Exercise (S) 10:00 Peach Park in Clanton (you buy lunch) 10:30 BINGO (S) 2:00 Scrabble (S) 3:00 Chicken Foot Dominoes (B)</p>	<p>31</p> <p>OMELET STATION (B) BEAUTY SALON OPEN (S &amp; B)</p> <p>10:00 Exercise (S) 10:30 UNO (S) 1:30 Kings in the Corner (B) 2:00 Concentration Cards (S) 3:00 "Neuropathy Hurts" (B) with Regenerative Medical Institute</p> <p>Happy Birthday James Lockett</p>	 <p>HAPPY Memorial Day</p>	