

# MAY 2018

# REGENCY REFLECTIONS EVENTS

**Regency Retirement Village of Birmingham**

285 West Oxmoor Road | Birmingham, AL 35209 | (205) 942-3355

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>~~ KNOCK, KNOCK JOKES ~~</p> <p>Knock, knock. Who's there? Justin. Justin who? Justin the neighborhood and thought I'd come over!</p> <p>Knock, knock. Who's there? Wooden shoe. Wooden shoe who? Wooden shoe like to hear another joke?</p> <p>Knock, knock. Who's there? Spell. Spell who. OK, W.H.O.</p>		<p>1</p> <p>9:00 Orientation to the Day 9:30 Tai Chi 10:30 Exercise 11:00 Bible Trivia 1:00 Wear A Hat Tell A Story 2:15 - 3:30 Quiet Time 4:00 Board Games 6:00 Evening Stretching</p>	<p>2</p> <p>9:00 Orientation to the Day 10:30 Exercise 11:00 Super Smells 1:00 "I Remember When" stories 2:15 - 3:30 Quiet Time 4:00 Name That Capital 6:00 Evening Stretching</p>	<p>3</p> <p>BEAUTY SALON OPEN</p> <p>9:00 Orientation to the Day 10:30 Exercise 11:00 Manicures 1:00 Sorting 2:15 - 3:30 Quiet Time 4:00 Arts and Crafts 6:00 Evening Stretching</p>	<p>4</p> <p>9:00 Orientation to the Day 10:00 Music Therapy with Blake 10:30 Exercise 11:00 Courtyard Safari 1:00 Mystery Trip 2:15 - 3:30 Quiet Time 4:00 Friday Nite Matinée/Popcorn 6:00 Evening Stretching</p>	<p>5</p> <p>9:00 Orientation to the Day 10:30 Exercise 11:00 Trivia 1:00 Brain Teasers 2:15 - 3:30 Quiet Time 4:00 Pet Therapy 6:00 Evening Stretching</p>
<p>6</p> <p>9:00 Orientation to the Day 10:00 Exercise 11:00 Devotion 1:00 Bible Blessings 2:00 Snack, Rest &amp; Relaxation 4:00 Bible Games 6:00 Soft Music &amp; Relaxation</p>	<p>7</p> <p>9:00 Orientation to the Day 10:30 Exercise 11:00 Sing-A-Long 1:00 May Birthdays Celebration 2:15 - 3:30 Quiet Time 4:00 Monday Night Bingo 6:00 Evening Stretching</p>	<p>8</p> <p>9:00 Orientation to the Day 10:30 Exercise 11:00 Bible Trivia 1:00 Wear a Hat Tell a Story 2:15 - 3:30 Quiet Time 4:00 Board Games 6:00 Evening Stretching</p>	<p>9</p> <p>9:00 Orientation to the Day 10:30 Exercise 11:00 Super Smells 1:00 "I Remember When" stories 2:15 - 3:30 Quiet Time 4:00 Name That Capital 6:00 Evening Stretching</p>	<p>10</p> <p>BEAUTY SALON OPEN</p> <p>9:00 Orientation to the Day 10:30 Exercise 11:00 Manicures 1:00 Remember I Am Still Me 2:15 - 3:30 Quiet Time 4:00 Hangman 6:00 Evening Stretching</p>	<p>11</p> <p>9:00 Orientation to the Day 10:30 Exercise 11:00 Courtyard Safari 1:00 The Olympics 2:15 - 3:30 Quiet Time 4:00 Friday Nite Matinée/Popcorn 6:00 Evening Stretching</p>	<p>12</p> <p>9:00 Orientation to the Day 10:30 Exercise 11:00 Arts and Crafts 1:00 Brain Teasers 2:15 - 3:30 Quiet Time 4:00 Ring Toss 6:00 Evening Stretching</p>
<p>13</p> <p>9:00 Orientation to the Day 10:00 Exercise 11:00 Devotion 1:00 Bible Blessings 2:00 Snack, Rest &amp; Relaxation 4:00 Bible Games 6:00 Soft Music &amp; Relaxation</p>	<p>14</p> <p>9:00 Orientation to the Day 10:30 Exercise 11:00 Arts and Crafts 1:00 Sensory Stimulation Sound 2:15 - 3:30 Quiet Time 4:00 Monday Night Bingo 6:00 Evening Stretching</p>	<p>15</p> <p>9:00 Orientation to the Day 10:30 Exercise 11:00 Bible Trivia 1:00 Wear a Hat Tell a Story 2:15 - 3:30 Quiet Time 4:00 Board Games 6:00 Evening Stretching</p>	<p>16</p> <p>9:00 Orientation to the Day 10:30 Exercise 11:00 "I Remember When" stories 1:00 Bean Bag Toss 2:15 - 3:30 Quiet Time 4:15 Board Games 6:00 Evening Stretching</p>	<p>17</p> <p>BEAUTY SALON OPEN</p> <p>9:00 Orientation to the Day 10:30 Exercise 11:00 Manicures 1:00 Ring Toss 2:15 - 3:30 Quiet Time 4:00 Memory Bag 6:00 Evening Stretching</p>	<p>18</p> <p>9:00 Orientation to the Day 10:00 Music Therapy with Blake 10:30 Exercise 11:00 Courtyard Safari 1:00 The Olympics 2:15 - 3:30 Quiet Time 4:00 Friday Nite Matinée/Popcorn 6:00 Evening Stretching</p>	<p>19</p> <p>9:00 Orientation to the Day 10:30 Exercise 11:00 Board Games 1:00 Puzzles 2:15 - 3:30 Quiet Time 4:00 Feel Good Music 6:00 Evening Stretching</p>
<p>20</p> <p>9:00 Orientation to the Day 10:00 Exercise 11:00 Devotion 1:00 Bible Blessings 2:00 Snack, Rest &amp; Relaxation 2:15 Hand in Paw Pet Therapy 4:00 Bible Games 6:00 Soft Music &amp; Relaxation</p>	<p>21</p> <p>9:00 Orientation to the Day 10:30 Exercise 11:00 Chair Bowling 1:00 Sensory Stimulation Smell 2:15 - 3:30 Quiet Time 4:00 Monday Night Bingo 6:00 Evening Stretching</p>	<p>22</p> <p>9:00 Orientation to the Day 10:00 Balance &amp; Core Exercise 11:00 Bible Trivia 1:00 Start Remember I Am Still Me Album 2:15 - 3:30 Quiet Time 4:00 Chess/Checkers/Tic-Tac-Toe 6:00 Evening Stretching</p>	<p>23</p> <p>9:00 Orientation to the Day 10:30 Exercise 11:00 "I Remember When" stories 1:00 Cup Stacking Game 2:15 - 3:30 Quiet Time 4:00 Conversation Boxes 6:00 Evening Stretching</p>	<p>24</p> <p>BEAUTY SALON OPEN</p> <p>9:00 Orientation to the Day 10:30 Exercise 11:00 Manicures 1:00 Sorting 2:15 - 3:30 Quiet Time 4:00 Arts and Crafts 6:00 Evening Stretching</p>	<p>25</p> <p>9:00 Orientation to the Day 10:30 Exercise 11:00 Courtyard Safari 1:00 The Olympics 2:15 - 3:30 Quiet Time 4:00 Friday Nite Matinée/Popcorn 6:00 Evening Stretching</p>	<p>26</p> <p>9:00 Orientation to the Day 10:30 Exercise 11:00 Trivia 1:00 Brain Teasers 2:15 - 3:30 Quiet Time 4:00 Ring Toss 6:00 Evening Stretching</p>
<p>27</p> <p>9:00 Orientation to the Day 10:00 Exercise 11:00 Devotion 1:00 Bible Blessings 2:00 Snack, Rest &amp; Relaxation 4:00 Bible Games 6:00 Soft Music &amp; Relaxation</p>	<p>28</p> <p>HAPPY MEMORIAL DAY</p> <p>9:00 Orientation to the Day 10:30 Exercise 11:00 Ring Toss 1:00 Sensory Stimulation Sight 2:15 - 3:30 Quiet Time 4:00 Monday Night Bingo 6:00 Evening Stretching</p>	<p>29</p> <p>9:00 Orientation to the Day 10:30 Exercise 11:00 Bible Trivia 1:00 Wear a Hat Tell a Story 2:15 - 3:30 Quiet Time 4:00 Board Games 6:00 Evening Stretching</p>	<p>30</p> <p>9:00 Orientation to the Day 10:30 Exercise 11:00 Super Smells 1:00 "I Remember When" stories 2:15 - 3:30 Quiet Time 4:00 Name That Capital 6:00 Evening Stretching</p>	<p>31</p> <p>BEAUTY SALON OPEN</p> <p>9:00 Orientation to the Day 10:30 Exercise 11:00 Manicures 1:00 Sorting 2:15 - 3:30 Quiet Time 4:00 Arts and Crafts 6:00 Evening Stretching</p>	<p>HAPPY Memorial Day</p> 	