

December 7

Pearl Harbor Remembrance

December 25

Christmas

REGENCY STAFF

Rachelle Gillespie,
Executive Director
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Charlie Goff ,
Administrator
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Reflections Unit Coordinator
205-957-6256

Laura Dooley,
Business Manager
205-957-6253

Austin Connor,
Director of Dietary
957-6252

Justin Coleman,
Maintenance Director
957-6254

Carla Davis-Greene,
Activity Director
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Danyetta Robinson
Unit Coordinator
957-6255

Assisted Living Nurses Station
957-6251

*Merry
Christmas*
& HAPPY NEW YEAR!

DECEMBER '19 NEWSLETTER



Merry Christmas to all!

This will be a sign to you: You will find a baby wrapped in clothes and lying in a manger. Suddenly a great company of the heavenly host appeared with the angel, praising God and saying, "Glory to God in the highest, and on earth peace to men on whom his favor rests."

Let us continue to be the hands and feet of Christ this Christmas season and throughout this next year, serving as Christ has and is serving us each day. Give hope where there does not appear to be hope, and love where people are feeling unloved.

Thank you for allowing us to support your loved ones now and in the New Year and may peace and blessings abound for each and everyone.

Rachelle Gillespi,
Executive Director



Crooked Creek Civil War Museum — October 28th

This place hit home with several of our residents. The unbelievable smiles were priceless.



Lunch Bunch — November 8th

Mr. Wang Chinese Buffet! They love this place! They will try everything on the buffet. We love to see the residents happy!





From The Regency Team

Hello Regency Community,

It's hard to believe that the holiday season is upon us. As we bring this year to a close at Regency, it is my prayer that our team will continue to make this one of the best places to live in Birmingham. I would like to remind everyone about the "friends make the best neighbors" initiative, which provides an incentive to tell your friends in the community what a great place Regency is to live. Please ask Rachelle or me for more information.

I am looking forward to our holiday celebration on December 6. We will have food, pictures with Santa, music, the festival of trees, and a horse-drawn carriage. I encourage each of our community members to invite their family, friends and loved ones to this fantastic event.

As always, it is my pleasure to serve all the members and their loved ones of this community and my door is always open. I wish the warmest regards to you all this holiday season.

Charlie Goff,
Administrator

Welcome the Food Committee,

Regency Birmingham has created a food committee whose purpose it is to work closely with the dietary department in offering our residents the tastiest, most nutritious meals. At the same time, they will act as a conduit between our residents and the kitchen. Beth Speakman, Nella Globetti and Reggie Williams will form a committee representing their various departments. The food committee will meet monthly with Chef Austin to recommend ways to improve our food and service. Their first responsibility will be a dessert tasting (sweet job), sampling several new desserts Regency will begin offering our residents.

Austin Connor,
Director of Dietary



Open House

December 6th from 3:00 pm – 7:00 pm

Festival of Trees Open House, Music, Carriage Rides, Santa Pictures, Our Chef-Famous Hot Chocolate, Christmas Cookies and Hors d'oeuvres.



Residents' Christmas Party

December 11th at 2:30 pm

Food, Fun and Games!



1st Annual Unique Christmas

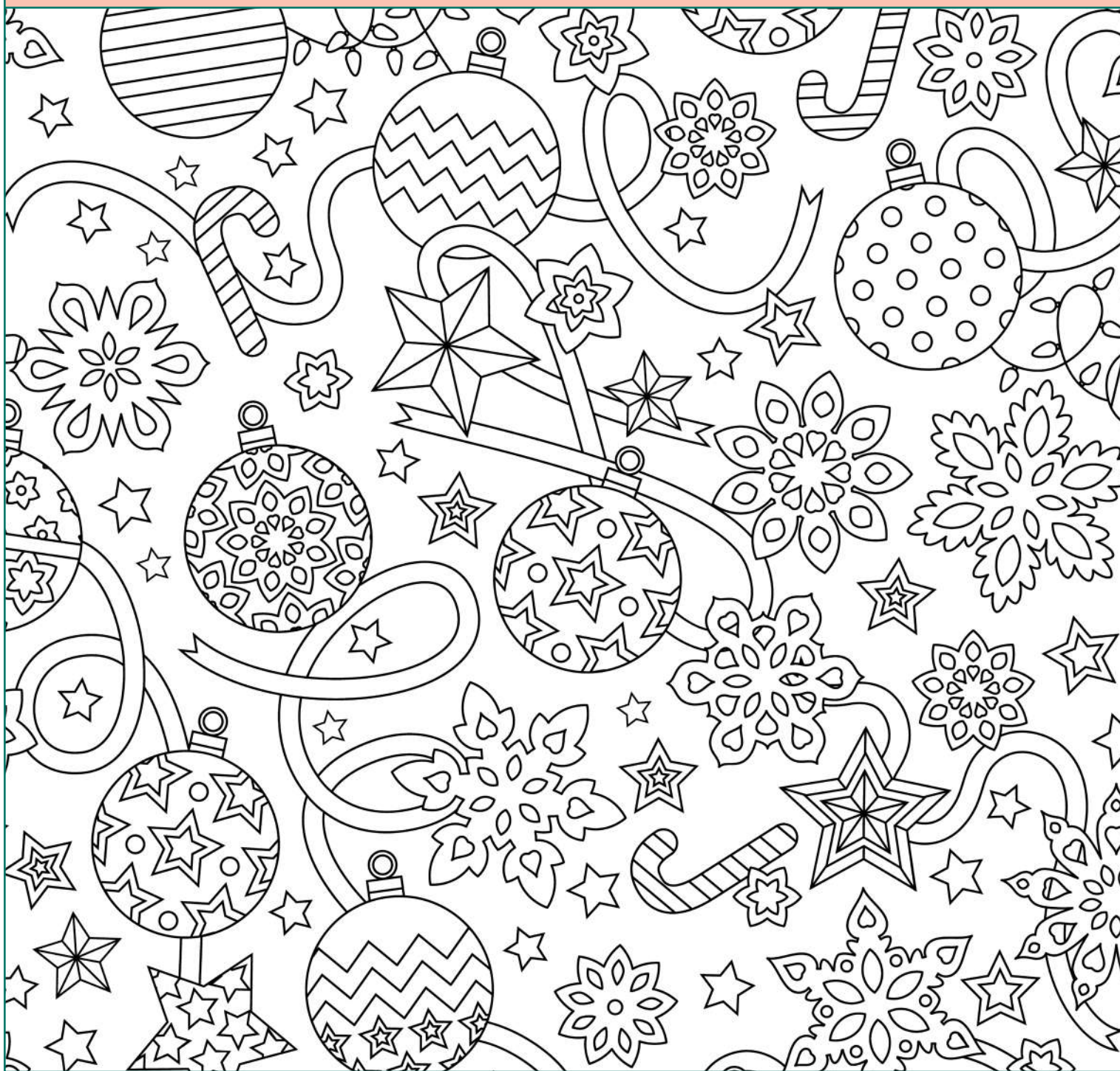
December 12th at 1:30 pm

Everyone is invited to participate.



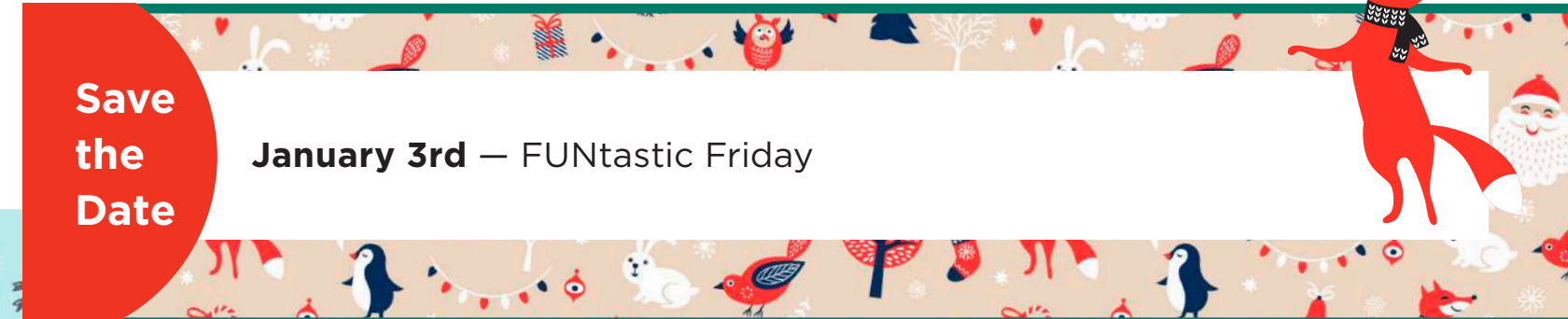


COLORING PAGE



Save
the
Date

January 3rd — FUNtastic Friday





Michael Young

Born to Edward and Johnnie Young. Michael Young graduated from Jones Valley High School in 1978 as the salutatorian. He attended The University of Alabama, pledged Alpha Phi Alpha in 1981, and graduated in 1983 with a business degree. He worked for a financial company before going back to school for his Masters in Education. He taught and was a coach at Homewood High. He has been here at Regency for 16 years and enjoys it.

We love you Coach!

FUN FACTS

- » The Statue of Liberty was gifted to the US by the French on Christmas day in 1886. It weighs 225 tons and thus you could consider it as the biggest Christmas gift in the world.
- » It's believed that the origin of Christmas dates back to ancient Egyptians and Romans, who marked the winter solstice with evergreens as a reminder that spring would return soon. But it wasn't until Prince Albert of Germany introduced the tree to his wife, Queen Victoria of England, that the tradition really took off.
- » The first Christmas card design is thought to have been printed in England in 1843. The design was of a family party, beneath which were the words "A Merry Christmas and a Happy New Year to You."

WELCOME NEW RESIDENTS!



- Gwen Herren
- Margaret Mallard
- Maryann Knotts
- Bobbie Roberts
- Brenda Whitmire
- Rose Cholewinski

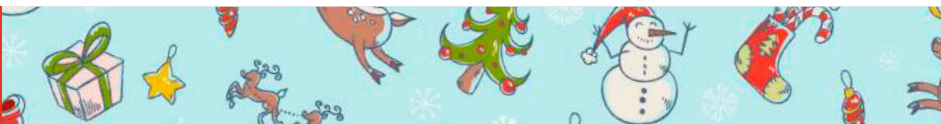


Resident

- | | |
|--------------|---------|
| Patrick Conn | Dec. 21 |
| Joe Faught | Dec. 27 |

Employee

- | | |
|--------------------|---------|
| David Arnold | Dec. 6 |
| Pauline Balfour | Dec. 6 |
| Tessa Walton | Dec. 8 |
| Belinda Johnson | Dec. 11 |
| Maria Sholler | Dec. 11 |
| Litrice Sturdivant | Dec. 11 |
| Patricia R. Kines | Dec. 13 |
| Mikaria Slaughter | Dec. 13 |
| Yakisha Williams | Dec. 21 |
| Sharlene Nelson | Dec. 28 |
| Alicia Kelly | Dec. 30 |



WORD FIND

F	V	F	L	Y	C	K	J	P	W	N	U	G	M	Y	K	Q	Q	O	T	F	S	G	H	L
X	R	F	K	A	U	Y	K	R	O	Z	B	B	I	D	T	U	G	I	H	N	A	A	T	I
O	H	W	M	R	J	X	A	J	P	I	M	W	S	J	Y	I	N	L	O	G	R	Y	K	G
G	I	N	G	E	R	B	R	E	A	D	N	I	T	B	S	S	V	W	C	O	I	Y	E	H
G	N	I	F	F	U	T	S	H	U	X	F	S	L	I	E	N	F	I	N	F	D	E	H	T
C	C	B	A	T	R	V	L	T	P	F	N	V	E	L	A	L	O	E	T	M	L	N	L	S
Z	X	V	N	R	J	B	D	A	G	O	U	D	T	T	A	T	M	W	V	A	D	M	D	S
Y	A	K	Y	X	H	H	K	E	R	Y	A	K	O	K	T	D	L	F	M	C	N	I	J	X
M	M	Z	V	N	D	X	U	R	Q	D	G	T	E	A	O	I	P	I	V	A	S	H	J	M
S	L	O	R	A	C	F	E	W	R	U	D	O	L	P	H	O	A	M	N	O	N	C	V	Y

CAROLS
CHIMNEY
GINGERBREAD

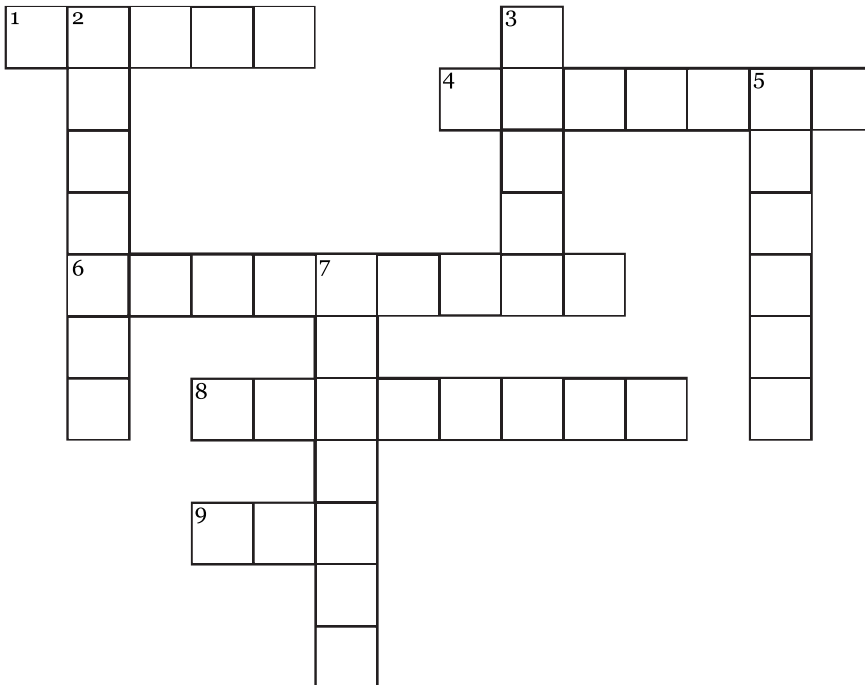
LIGHTS
MENORAH
MISTLETOE

NATIVITY
POINSETTIA
RUDOLPH

SLEIGH
SNOWFLAKE
SNOWMAN

STUFFING
TINSEL
WREATH

CROSS-WORD



Across

1. A religious folk song or popular hymn.
4. First US state to officially recognize Christmas as a holiday.
6. An accessory or detail used to beautify the appearance of something.
8. A Jewish holiday that commemorates the dedicating of the second temple in Jerusalem.
9. Type of tree used for Christmas.

Down

2. Name of one of the ships that sunk during the Pearl Harbor attack.
3. Rain that freezes as it falls.
5. Poinsettias are native to _____.
7. Candle holder used at Hanukkah.

EMPLOYEE OF THE YEAR

Latricia Gardner



Latricia works as a cook and server in Dietary. Her primary job is raising 4 sons. Trish worked at McDonald's for 11 years as a tour manager. She left to help her mother overcome a

bout with cancer. Trish's life experiences led to a calling of working with seniors. She has a positive outlook, and is always available to help anyone. Trish, congratulations on being named Employee of the Year!

EMPLOYEE OF THE MONTH

Patricia Kines

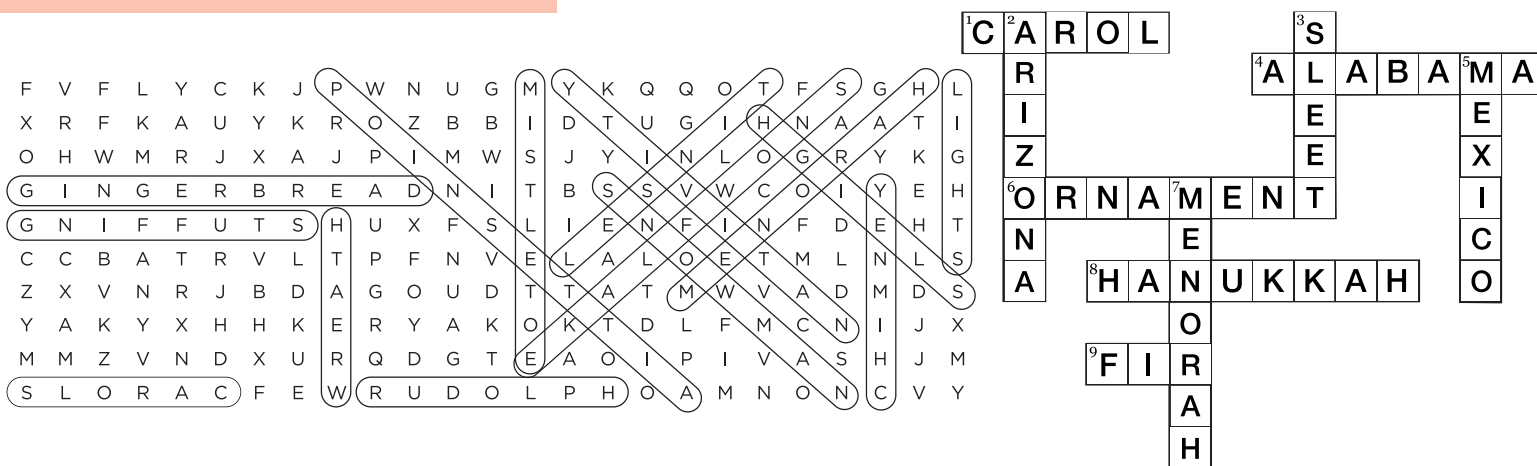


Pat was born in Bessemer, has 2 sons, and a pet dog and cat. Pat graduated from the University of Montevallo in Chemistry. She loves NASCAR, animals, and Alabama Football. She has a passion for senior adults!

Pat would like to retire to the Galapagos Islands, Ecuador. Ask her about ghost hunting!

Thanks, Pat. We appreciate all you do to serve our residents!

ANSWER KEY



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