Pathways | Intentional Memory Care

September 2021 Events

Regency Retirement Village of Birmingham
285 West Oxmoor Road | Birmingham, AL 35209 | (205) 942-3355

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:30 Devotion 10:00 Exercise 11:00 Ring Toss 12:00 Lunch 2:00 Root Beer Floats	2 9:30 Devotion 10:30 Photo Share 11:00 Snack 12:00 Lunch 2:00 Hand Painting	3 9:30 Devotion 10:30 Exercise 11:00 Snack 12:00 Lunch 2:00 Ring Toss	4 Residents Choice World Beard Day
5 Residents Choice	6 9:30 Devotion 10:00 Exercise 11:00 Snack 12:00 Lunch 2:00 Social Hour 4:00 Puzzles Labor Day	7 9:30 Devotion 10:00 Exercise 11:00 Snack 12:00 Lunch 3:00 Ring Toss Rosh Hashanah	8 8 9:30 Devotion 10:30 Snack 11:00 Exercise 12:00 Lunch 2:30 Craft/ Social	9 9:30 Devotion 10:30 Exercise 11:00 Snack 12:00 Lunch 2:00 Show and Tell 4:00 Evening Stretches	10 9:30 Devotion 10:30 Exercise 11:00 Laugh Out Loud 12:00 Lunch 2:30 Movie / Popcorn 4:00 Social Hour	11 Residents Choice
12 Residents Choice	13 9:30 Devotion 10:30 Exercise 11:00 Snack 12:00 Lunch 2:30 Current Event	14 9:30 Devotion 10:30 Exercise 11:30 Snack 12:00 Lunch 2:00 Bingo 4:00 Evening Stretches	15 9:30 Devotion 10:30 Exercise 12:00 Lunch 1:00 – 4:00 Community Cookout (Fish Fry/ Hot Dogs)	16 9:30 Devotion 10:30 Bible Blessings 11:00 Crafts 12:00 Lunch 3:00 Music Therapy	17 9:30 Devotion 10:30 Walk 11:00 Snack 12:00 Lunch 3:00 Ring Toss	18 Residents Choice
19 Residents Choice	20 9:30 Devotion 10:30 Exercise 11:00 Walk 12:00 Lunch 2:30 Go Fishing 4:00 Bing Bag Toss National Punch Day	21 9:30 Devotion 10:30 Tasty Tuesday (Donuts) 12:00 Lunch 2:30 Current Event 4:00 Evening Stretches	22 9:30 Devotion 10:30 Exercise 11:00 Snack 12:00 lunch 2:30 Chicken Foot Dominoes 4:00 Residents Choice	23 9:30 Devotion 10:30 Bible Study 11:00 Snack 12:00 Lunch 2:30 Ice Cream	24 9:30 Devotion 10:30 Exercise 11:00 Ring Toss 12:00 Lunch 2:30 Game/ Social	25 Residents Choice
26 Residents Choice	27 9:30 Devotion 10:30 Exercise 11:00 Snack 12:00 Lunch 2:30 Current Event 4:00 Music/Chat	28 9:30 Devotion 10:30 Exercise 11:00 Walk 12:00 Lunch 3:00 Fun With Colors	29 9:30 Devotion 10:30 Kings in the Corner 12:00 Lunch 2:00 Games Of Choice 4:00 Puzzles	30 9:30 Devotion 10:30 Exercise 11:00 Snack 12:00 Lunch 2:00 Music Therapy 4:00 Current Events National Mud Pack Day		

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*Activities subject to change.