

WHAT'S COMING UP

April 1st

April Fools' Day

April 2nd

National Love
Our Children Day

April 4th

National Hug a
Newsperson Day

April 6th

National Walking Day

April 8th

National Zoo Lovers Day

April 10th

Palm Sunday

April 15th

Passover
Good Friday

April 17th

Easter

April 22nd

Earth Day

April 28th

Take Our Kids to Work Day

April 30th

International Jazz Day



APRIL 2022 NEWSLETTER



Welcome Spring,

April is upon us and we see signs of spring everywhere. Trees are budding, flowers are beginning to bloom as the Earth awakens from its winter rest. It's a time for reflection on a new season to the year, and is amazing how time is racing toward Easter. With spring comes new colors of clothing and new shoes as the temperatures are no longer freezing. I suspect children have that spring fever daydreaming, looking to spend more time outside and less indoors with Summer on its way.

Regency is also looking forward to the new season for more outdoor activities: picnics, patio meals and our big Easter Brunch. We are excited about the opportunities to enjoy your visits and family fun events as we move in the direction of all that is open in our community.

Join us as we celebrate our families with our Easter Brunch on the 16th of April. If you are possibly looking at us for your new home, come see what we are all about at this event. Meet your potential new neighbors and learn what sets Regency apart from other Senior Living Communities.

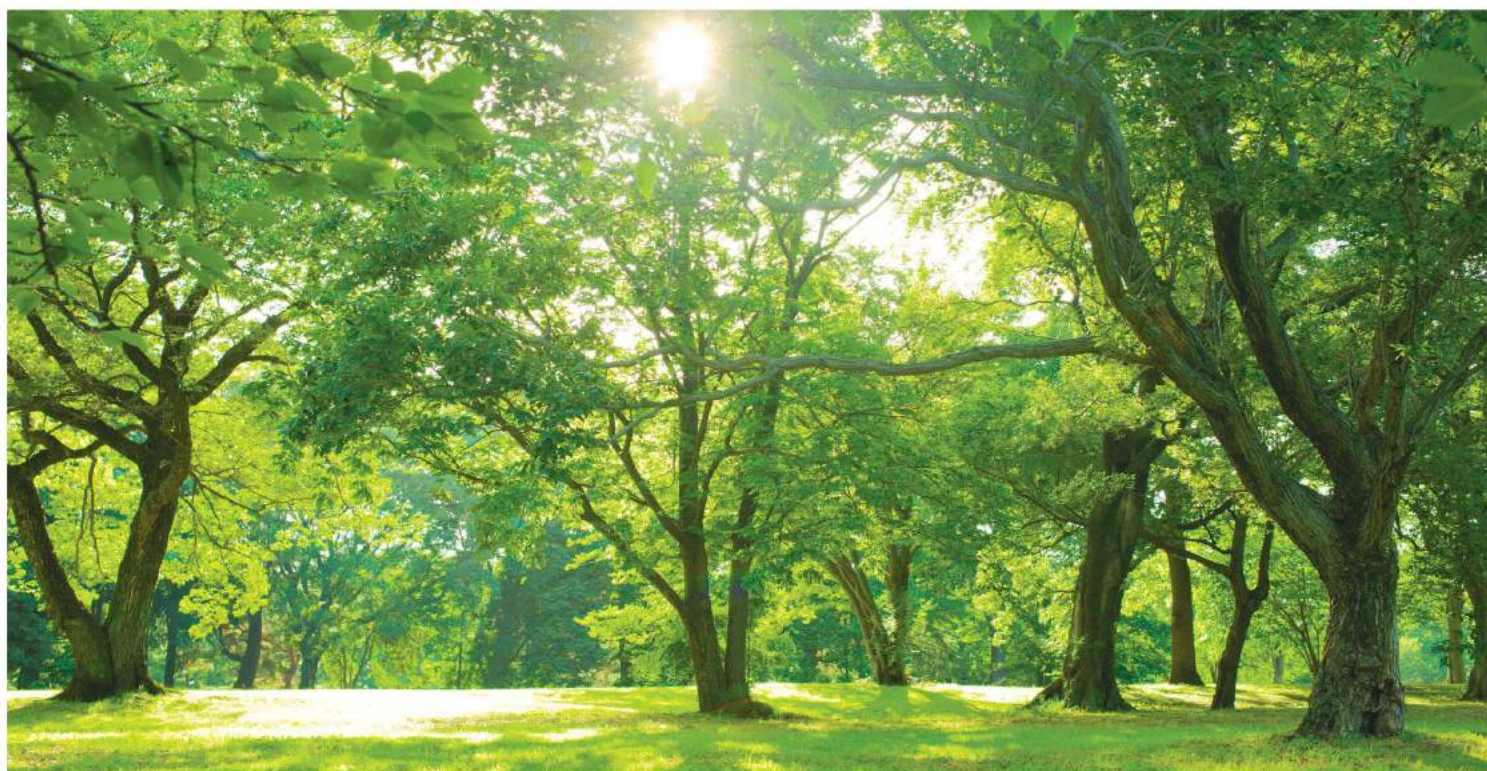
Also let us remember "He is Risen" is the celebration for Easter, our Lord our redeemer! He died so that all may come to him and be brought into his loving arms, forgiven and free from all sin. White as snow, and claimed as his own. Grace is the gift he provided for us all. If we can give nothing else, give Grace. It is free and much needed in this season of time.

Thank you for allowing us to serve and continue to strive for making this a better community for you each day!

Sincerely,

The Regency Birmingham Team

Rachelle Gillespie,
Executive Director



Community Backyard Gathering — March 3rd

The residents enjoyed getting out in the sun, fellowshiping together and doing activities. All of our residents from the three communities came together with ice cream and fun. We look forward to doing more outdoor events together soon!



Chili Cook Off — March 9th

Oh boy, this was nothing but fun! The Chili Cook Off was a competition between the department heads. The residents were the judges of whose chili was the best. Everyone was welcome to attend and cheer us on. The residents came and ate, they voted, left full... and the winner of the contest was Ms. Thsia Briggins, from the Activities Department!



Shamrock Saint Patrick's Day Penny Auction — March 17th

Regency Birmingham hosted our Saint Patrick's Day Party with a Penny Auction on March 17th! There was definitely a pot of gold at the end of the rainbow and our residents went home with some great prizes!



Sip & Stroke — March 24th

The residents enjoyed our Sip & Stroke event! With good food, prizes and a lot of fun you won't want to miss the next one!





April's Funtastic Friday on April Fool's Day

April 1st

Wear clothing from your favorite decade. Let's see who can provide the most unforgettable outfit! Check those closets for the things you could not part with!



Easter Brunch

April 16th from 11:00 am – 1:00 pm

Easter Bunny time is here, come join us in celebrating with our yearly Easter Brunch. We encourage you to attend and help spread the word. Invited families and friends can come out and partake in this event. Celebrate Spring and get pictures with your family and friends. So save the date and don't be late!



Employee of the Year

April 21st at 1:00 pm

We will host our annual Employee of the Year Celebration. There will be great food served and entertainment for everyone to enjoy. Everyone is invited: staff, residents, family and all! Come help us celebrate our 2021 Employees of the Month and our Employee of the Year. We can't wait to see you there!



Spring Festival

The Spring Festival is in the making and we are working hard planning this event. Please watch for details as we get closer.



Father's Day Event

We will be celebrating Father's Day soon, keep an eye and ear out for details regarding this event.



Fourth of July

Join us for the explosive fireworks! It's going to be a show - all families are welcome to come. Please watch out for upcoming details as we get closer.

Save
the
Date

April 1st — April's Funtastic Friday
on April Fool's Day
April 16th — Easter Brunch
April 21st — Employee of the Year

June — Father's Day Event
July — Fourth of July
Coming Soon — Spring Festival

COMMUNITY STORY



Hello April

April brings about Easter time, and what's the true meaning of Easter?

Without a doubt one of the most important celebrations in the Christian calendar, Easter is a holiday that celebrates the Resurrection of our Lord Jesus Christ. After his crucifixion, death and burial, three days later He rose from the grave. By this, he conquered death and redeemed us from sin.

So as we leave March behind, spring flowers have started to bloom, the days are getting longer and the winter's chill is fading away. With all that

said, my goal as the Activity Director is to help provide opportunities that will encourage our seniors to 1) be physically, mentally and socially active, 2) stay connected in relationships to family and friends, and 3) engage in the community and make positive contributions.

I hope that our time spent together will be rich, meaningful and always fun! Thank you for spending your time with us here at Regency! **Bring on Summer.**

Paula Copeland

Ms. Paula Copeland has been a resident at Regency for about a year. She moved to Regency from Trussville, where she lived for the past 20 years. Before that, she lived in Troy, Alabama for most of her adult life. Ms. Paula was born in Clayton, Alabama. All of her family was excited to help her celebrate 96 years of an amazing life. Ms. Paula was married with three children, three grandchildren and one great-grandchild. Ms. Paula attended Alabama Polytechnic Institute. Ms. Paula later returned to college when her children were away in school. She received a degree in Finance from Troy University and was very active in United Methodist Women (UMW) at the local, regional and national levels for many years. Ms. Paula enjoyed golfing and traveling on missions for young ladies at American universities. Ms. Paula still retains a sense of humor, love of family and faith in the Lord. We are glad that Ms. Paula has chosen Regency Retirement Village as her new home. We love you, Paula!



WELCOME NEW RESIDENTS! 🏠

Mr. & Mrs. Robert Kerr
Mr. Don Ellis
Mr. Donal Hadden
Ms. Claire Sheehan



Happy Birthday



Resident

Margaret Mallard	April 1
Ellen Smith	April 1
Travis Logan	April 5
Michael Young	April 10
Gerald Winfield	April 25
Katie Banks	April 26
Audrey Hurst	April 28
Elizabeth Vines	April 30

Employee

Daniya King	April 9
Miesha Wright	April 12
Ann Chapman	April 13
Jurrien Dykhous	April 16
Majestic Benson	April 20

WORD FIND

E B R N O H I W W C S I O L Y M P I C S E W N W F
 D B O F I K V E N U S O H M U S T A N G D H O T S
 R L S O I X Y C H E R N O B Y L N P M F I Z R D X
 B G R O Q D E R F P Q H I B E R N A T E A L M N G
 T T C L R N S O L U L Y E J B I W P M M M Z E U U
 Z A C A I C J M M P A R I E S P I N H A O A T C E
 M U J Q C W B A S K C N G S O M E J L P N R E L I
 O R Y D J Q Z N J T I T A N I C A G F R D C O E W
 H U F B O U K Y M L V X G V K Y C T U I J O R A Z
 X S U R M R I C E B E R G P L R F R L L V S G R J

MUSTANG
 CHERNOBYL
 OLYMPICS

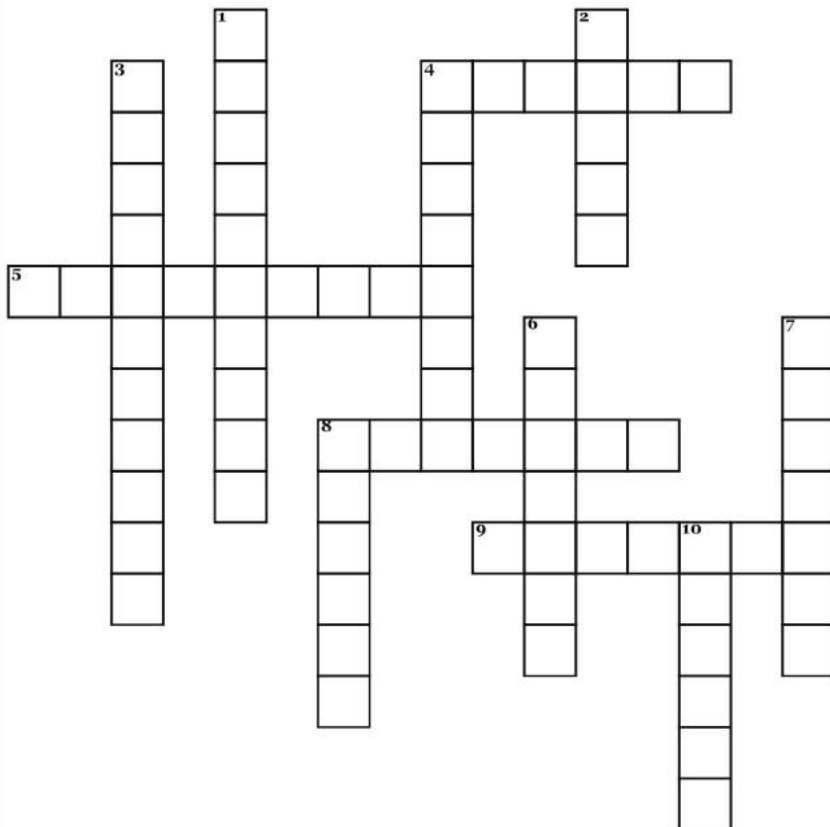
ICEBERG
 TITANIC
 NUCLEAR

TAURUS
 ARIES
 ROMAN

FOOL
 VENUS
 APRIL

DIAMOND
 METEOR
 HIBERNATE

CROSS-WORD



Down

1. First President of the United States?
2. Ancient Romans goddess?
3. Name of a historical playwright born in April?
4. What was the Roman name for the month of April?
6. What is April's birthstone?
7. Ship that hit an iceberg and sunk?
8. April is a great month for _____ showers
10. There are two zodiac signs in April: Aries and _____?

Across

4. The first Olympics of the modern era took place on April 6, 1896, in?
5. Nuclear plant in Ukraine that exploded?
8. Ford unveiled their first _____ on April 17, 1964
9. "_____ we've had a problem here."

EMPLOYEE OF THE YEAR

Leroy Minter

Leroy Minter has been chosen because of his dedication to Regency. Mr. Leroy has been a part of Dietary for two years. Leroy has gone above and beyond what has been requested of him, in many meaningful and substantial ways.

Leroy comes to work and fulfills his responsibilities to his department and anyone else who needs help, even on the hardest of days.

Leroy has two sons, enjoys landscaping and being a jack of all trades. Mr. Leroy, we sincerely appreciate all you do!



EMPLOYEE OF THE MONTH

Sandra Hall



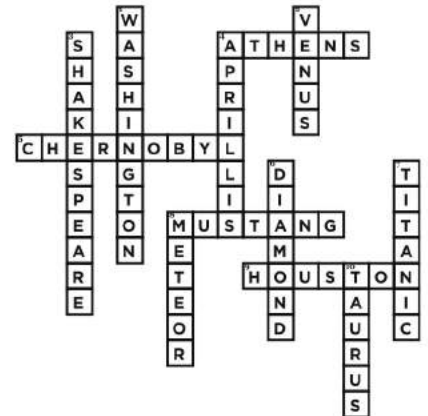
We appreciate the opportunity to recognize Mrs. Sandra Hall as the Employee of the Month. Mrs. Sandra has been with Regency for two years. Mrs. Sandra is a receptionist here at Regency and she does such an awesome job

running that front desk. She is a blessing to the community and consistently goes the extra mile in helping with the ongoing operation of this company.

Mrs. Sandra has been happily married for 40 years, with two daughters, six grandchildren and four great-grandchildren. Sandra loves church, singing and serving on the usher board. She has a degree in Business and was a chef for 42 years. Mrs. Sandra stated that the most important thing in her life is her family. We thank you for all you do!

ANSWER KEY

I H U Q A R I E S I G F B G Q L P F S A X O N S V
I E V N Q L N B X U R D L I S S J Y L Q Z C K Y T
U M S P U I Q A D J E V O B M Z X P O L Z P Z S Z
B I M W A K C E U F G V O R Z K L Z N N D R R Y H
U S A I M E O Q P P O R D V S X Y N T A Y K Q V O
X P D N A N U U G H R O S E H I B E R N A T I O N
T H N T R N R I L O I M T R R C W D B V G B Q R J
N E E E I E A N T N A A O N Z D L A D P C K V E B
K R S R N D G O Y E N N N A B Y C P U F X D I D R
F E S G E Y E X T R E M E L N I X Q D C Q P W L I



CONNECT WITH US

Facebook.com/RegencyBirmingham

RegencyBirmingham.com

