

## WHAT'S COMING UP

### **December 3**

Festival of The Trees

### **December 5**

Wilma Smith 100th  
Birthday

### **December 7**

Christmas Ornament  
Crafting

### **December 8**

Outing to Buc-ee's

### **December 9**

Homewood Day School

### **December 12**

Christmas Punch Lunch

### **December 13**

Breakfast With Santa

### **December 14**

Flannel & Flapjacks Lunch

### **December 15**

Family Christmas Bingo

### **December 16**

Christmas Wrap Station  
Fundraiser

### **December 19**

Christmas Caroling

### **December 23**

Christmas Game Social



## DECEMBER 2022 NEWSLETTER



### ***He is Born!***

May you be blessed this season and in 2023 with the Spirit of Christmas. We look forward to parties, gifts, food, and time with family and friends. The original Christmas was not so filled with glitz and frivolities.

The manger where Christ was laid after his birth was where animals bedded down to rest, the actual manger would have been the trough where the animals would have been fed. The symbolism of this is that Jesus came to offer himself as the bread for our souls.

One of the animals that would have been in the manger would have been a donkey, the donkey has much to do with the representation at the beginning of Christ's story as well as the donkey that carried Christ on Palm Sunday. It is believed to be the Nubian Donkey because of the cross on its back, symbolic of Christ's journey to the cross.

We are pleased that we are able to celebrate Christmas with our residents, families, and staff.

The Festival of Trees event will be on Saturday, December 3rd from 1:00 pm to 3:00 pm and all are welcome. There will be pictures with Santa, carriage rides, food, and music.

Check out the calendar for all the activities that are scheduled for our residents. We would love volunteers to visit our residents during this season, especially to share time with those who do not always have family nearby. Volunteers are always welcome, there is always something to offer and you will see that you receive more than you give!

As we close 2022 and move toward 2023 we are grateful for our families. We pray for you this season to experience the joy of the birth of our savior who is Christ the Lord. He is waiting for us to receive him this season. Our prayer is that you see him and feel him and know he is with you always until the end of the age.

***Rachelle Gillespie,***  
*Executive Director*





## Fall Festival

Our Fall Festival was full of fun! There was so much to do and see, and the weather was beautiful!



## Trick or Treating

Our residents enjoyed handing out candy to the Homewood Day School Preschool students. I'm not sure who had more fun, us or them!





# Halloween Costume Contest

Prizes were given to the best spooky and not-so-spooky costumes! Special thanks to everyone that dressed up!



# Resident Outings

Our residents enjoyed several outings such as The Alabama Symphony, The Birmingham Botanical Gardens, and Shopping at Walmart.







## Festival of The Trees

December 3rd at 1:00 pm

Please join us on December 3rd from 1:00 pm to 3:00 pm for The Festival of Trees. We will have live music in all areas of the community, horse and carriage rides, Santa, our famous hot chocolate, and Christmas cookies! Everything will be Cheerful & Bright!



## A Visit from Homewood

December 9th

On December 9th the Homewood Day School children will be coming for another visit. They will be dressed in their Christmas PJs and ready for some fun!



## Family Christmas Bingo

December 15th at 6:00 pm

Please check out Family Christmas Bingo on December 15th at 6:00 pm! We hope you will join the excitement!

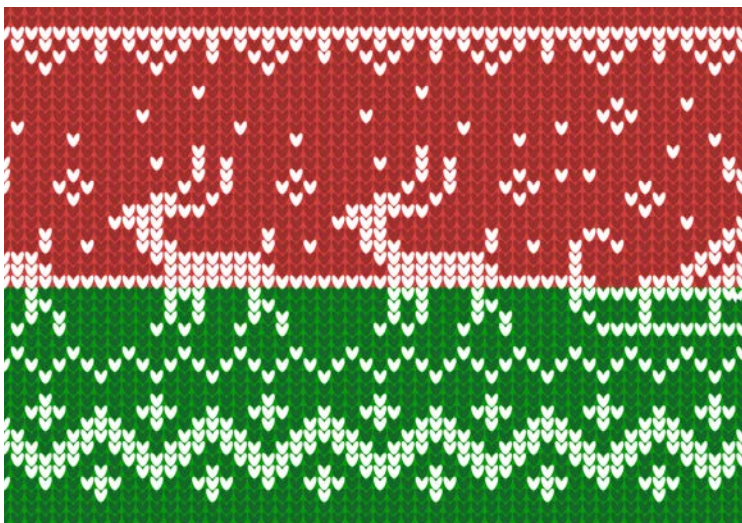




## Gift Wrapping Fundraiser

December 16th at 9:30 am

We will offer a gift wrapping station for residents, families, and staff on December 16th from 9:30 am to 1:00 pm. All donations will be used for activity department supplies & equipment.



## Ugly Sweater Contest

December 16th

On December 16th let's see who can find and wear the ugliest sweater! Prizes will be awarded, so be sure to participate!



## Book Signing

December

Author Jan Muir Peine will be visiting and discussing her book, "Journey With Jay." Not only that, but she will be signing books as well!



## Christmas Ornament Crafting Social

December

Come join the fun and make Christmas ornaments you can give as a gift or keep for yourself!



## Wilma Miller

Ms. Miller was born on December 5th, 1922 in Mobeetie, Texas, and grew up in Mangum, Oklahoma. She married a military man that served in the US Air Force and they had four children. She has eight grandchildren and many great-grands.

She worked as a beautician and a homemaker and loved sewing and crocheting. She truly was an impressive seamstress! She also loved working in her flower garden and watching her flowers grow.

She has lived at Regency since 2020. She now enjoys Bingo, music events, parties, socials, and talking to her friends. To know Ms. Miller is to love her! Please join us as we celebrate her 100th birthday on December 5th!

### FUN FACTS

- » December starts on the same day of the week as September every year and ends on the same day of the week as April every year.
- » December is the twelfth and last month of the year in the Gregorian calendar and one of seven Gregorian months with a length of 31 days.
- » The name December comes from the Latin word “decem,” meaning “ten,” as it was the 10th month in the Roman calendar.
- » The Anglo-Saxons called it “Winter monath” or “Yule monath” because of the custom of burning the Yule log around this time.
- » After many Anglo-Saxons became Christians they called it “Heligh monath” or holy month, because Christmas, the birth of Jesus, is celebrated in December.
- » December’s flower is the narcissus or holly. December’s birthstones are turquoise, lapis lazuli, zircon, topaz (blue), or tanzanite.
- » December often marks the beginning of rain, snow, and cold weather.
- » December is associated with Christmas in many countries. There are Christmas decorations, sales, musicals, and parties. Many people spend their time Christmas shopping. As a result, a lot of people have time off work around Christmas and before New Year’s Eve.
- » Common decorations on a Christmas tree each have their specific meanings. Candles stand for the light of the world, the Star at the top is a reminder of the first Christmas night and candy canes represent the shepherd’s cane.
- » “Jingle Bells” was composed in 1857, and not for Christmas – it was meant to be a Thanksgiving song!
- » In 1647 Oliver Cromwell, an English Puritan leader, banned the festivities of Christmas for being seen as immoral on such a holy day. The ban was lifted in 1660.
- » An ancient legend states that forest animals can speak in human languages on Christmas Eve!
- » An almanac prediction states that if snow falls on Christmas Day, Easter will be warm, green, and sunny.
- » There are fewer daylight hours in December in the northern hemisphere than in any other month.
- » According to a 2011 survey, more dentists have birthdays in December than in any other month.
- » We withdraw more money in December than any other month.
- » The stock market tends to do better in December than any other month. This has been put down to something called the “Santa rally.”



## WORD FIND

S O T D J Z T M C C H B N Z W G T R D I H Z B E C  
P I E I S C A S G H A O K G B V G U U L A T I N C  
U A X S O L N I F R C V W R I Q O X R Q E V Y M D  
R L A N L P Z S C I K C D E U P M W D Q V P E G S  
I X S E S Y A A A S N A S G A G M Z V Q U F W Z A  
T H O Y T J N X N T Y N S O B R T H R N K O M U Y  
A E F X I N I O D M D D L R O O O B K H P E I W A  
N M V W C H T N Y A T L R I U M P A Q H Q D K S I  
K P R V E X E S G S N E Z A M A A Q N B I N D X E  
U J L Z I R C O N P G S U N B N Z D H P M F Q B C

GREGORIAN

ROMAN

LATIN

SAXONS

TURQUOISE

ZIRCON

TOPAZ

TANZANITE

CHRISTMAS

CANDY

CANDLES

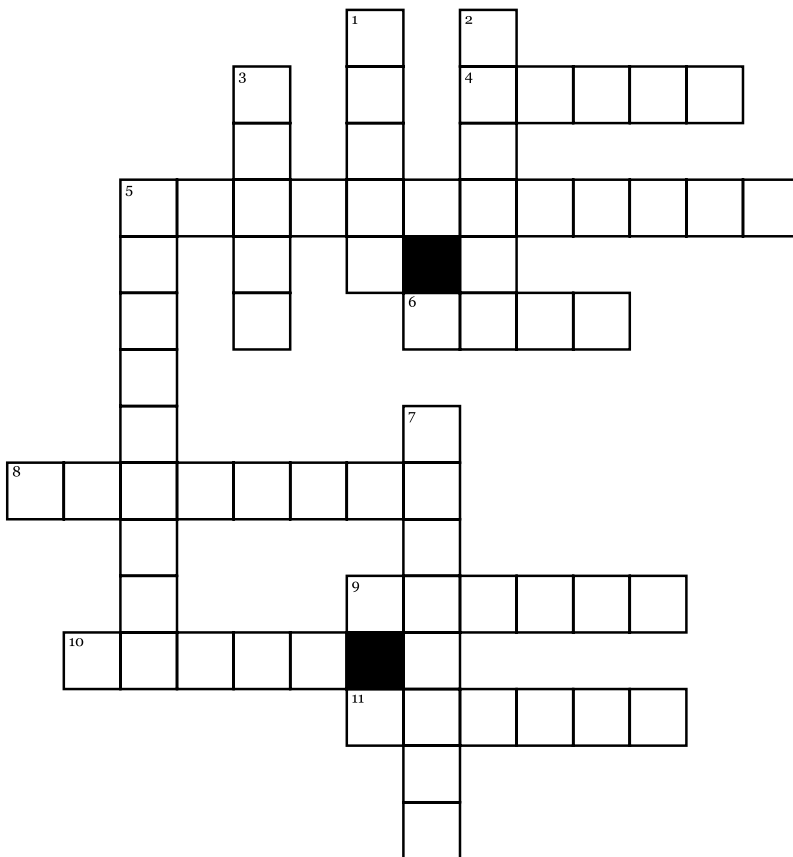
PURITAN

TEXAS

DISNEY

SOLSTICE

## CROSS-WORD



### Down

1. The first Englishman to circumnavigate the globe
2. Orville and Wilbur Wright, ushered in the era of \_\_\_\_\_
3. December 7th is National \_\_\_\_\_ Harbor Remembrance Day
5. December's birthstones are the Topaz and the \_\_\_\_\_
7. Walter Elias "Walt" Disney was born in \_\_\_\_\_

### Across

4. December 13th is St. \_\_\_\_\_'s Day
5. "Jingle bells" was meant to be a \_\_\_\_\_ song!
6. Decoration on top of a Christmas tree
8. English Puritan leader
9. "Everything is \_\_\_\_\_ in Texas"
10. Latin word for 10
11. National \_\_\_\_\_ Day is December 4th



## EMPLOYEE OF THE MONTH

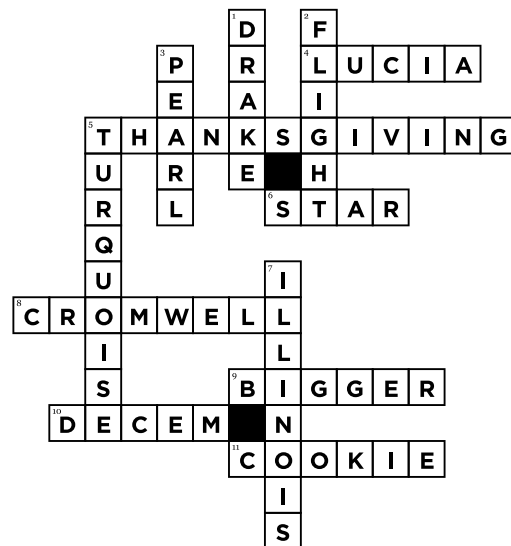
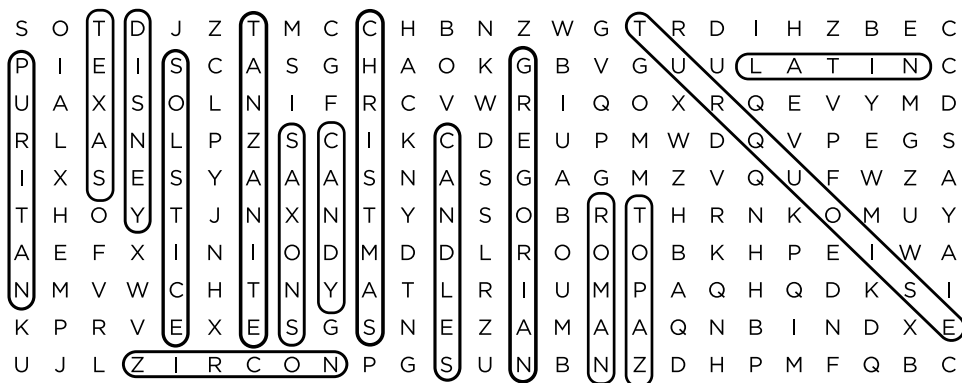
### Felonia Jones



Felonia works in our Memory Care unit as a caregiver and has since 2021. She not only takes care of the activities of daily living such as dressing, bathing, and toileting, but she is also patient and kind. She really cares about each resident in her care.

It is not uncommon to see her having conversations with the residents, finding ways to make them laugh, or seeing her give out hugs to the residents before she leaves at the end of her shift. We are so thankful to have her here at Regency, and we appreciate all you do Felonia!

## ANSWER KEY



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