Senior Living

January 2023 Events

Regency Retirement Village of Birmingham
285 West Oxmoor Road | Birmingham, AL 35209 | (205) 942-3355

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 New Year's Day TV: Rose Day Parade Jigsaw Puzzle Games Of Your Choice	2 10:00 Resident Meeting-DR 1:30 How To Paint A Snowman-AL 3:00 Resident Led Games-CR	3 10:00 Games With Tina CR 1:30 Jig Saw Puzzle Table- 2nd Floor 3:00 Resident Led Games	4 10:00 Resident Led Games-CR 1:00 Games With Volunteer-CR 3:00 Bingo-CR	5 10:00 Outing: Walmart 3:00 Resident Led Games	6 11:00 Newspaper Club 1:30 Monthly Birthday Social-AL 2:00 Music By: Jordan Hopkins-AL	7 Jigsaw Puzzles Get Some Fresh Air Residents Choice
8 Church TV Jigsaw Puzzles Get Some Fresh Air Residents Choice	9 10:00 GYM 1:30 Snow Minute To Win It Game AL 3:00 Resident Led Games	10 10:00 Games With Tina CR 1:30 Trivia-CR 3:00 Resident Led Games	11 10:00 Resident Led Games 1:00 Games With Volunteer-CR 3:00 Bingo-CR	12 11:00 Outing: Lunch: 2:00 Music Therapy With Blake-AL 3:00 Resident Led Games	13 National Rubber Duck Day 9:00 Bible Verse & Exercise 11:00 Newspaper Club 1:30 Hot Tea Social 3:00 iN2L With 1st Floor Rubber Duck Facts/History	14 Jigsaw Puzzles Get Some Fresh Air Residents Choice
15 Church TV Jigsaw Puzzles Get Some Fresh Air Residents Choice	16 10:00 GYM 1:30 Snowman Building Challenge AL 3:00 Resident Led Games	17 10:00 Games With Tina CR 1:30 Jig Saw Puzzle Table-2nd Floor 3:00 Resident Led Games	18 10:00 Resident Led Games 1:00 Games With Volunteer-CR 3:00 Bingo-CR	19 10:00 Outing: Bowling 3:00 Resident Led Games	20 10:00 Resident Led Games 2:00 Music By: Neki & The Infusions-AL 3:30 Happy Hour- DR	21 Jigsaw Puzzles Get Some Fresh Air Residents Choice
22 Church TV Jigsaw Puzzles Get Some Fresh Air Residents Choice	23 10:00 GYM 1:30 Snowball Basket Toss-AL 3:00 How To Paint "Hot Cocoa Window"-AL	24 10:00 Games With Tina CR 1:30 Trivia 3:00 Resident Led Games	25 10:00 Resident Led Games 1:00 Games With Volunteer-CR 3:00 Bingo-CR	26 10:00 Outing:Barbers Motors Sports Museum 3:00 Resident Led Games	27 10:00 Alabama Symphony Coffee Concert 1:30 Resident Led Games 3:30 Mens Club- CR	28 Jigsaw Puzzles Get Some Fresh Air Residents Choice
29 Church TV Jigsaw Puzzles Get Some Fresh Air Residents Choice	30 10:00 GYM 1:30 iN2L-AL 3:00 Resident Led Games	31 10:00 Games With Tina CR 1:30 Jig Saw Puzzle Table-2nd Floor 3:00 Resident Led Games				

Resident Council: January 3 @ 3:00 Dining Room- Everyone Invited
Outings: You Must Sign Up For All Outings-Limited Space-Charges May Apply
If You Would Like To Lead An Activity, Please Let Tina Or Christy Know
New: Newspaper Club-We Will Start Our Own Newspaper- Come To A Meeting To Learn More!

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*Activities subject to change.