Pathways | Intentional Memory Care

February 2023 Events

Regency Retirement Village of Birmingham
285 West Oxmoor Road | Birmingham, AL 35209 | (205) 942-3355

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:00 Sing Along With Carmen 10:00 Exercise With Christy 10:30 Snack & iN2L 11:00 Black History: Inventors 1:30 Bingo DS 2:30 Valentine Craft With Sandra-DS 3:30 Snack & iN2L 4:00	2 9:00 Sing Along With Carmen 10:00 10:30 Snack & iN2L 11:00 3:30 Art/Craft With Christy- Heart Stamping	3 9:00 Sing Along With Carmen 10:00 Exercise With Christy 10:30 Snack & iN2L 11:00 1:30 Flower Arrangements 2:30 3:30 Snack & iN2L 4:00 Karaoke 6:00 Movie	4 9:00 Music 10:00 Movie Matinee 2:00 Game Tables 4:00 Home Center/Jigsaw Puzzles
5 9:00 Church TV 10:00 Praise & Worship Music 10:30 Snack & TV 2:00 Game Tables	6 9:00 Sing Along With Carmen 9:30 Exercise With Carmen 10:30 Snack & iN2L 11:00 Ring Toss 1:30 Rummaging & Sensory Boxes 2:30 Game Tables 3:30 Snack & iN2L 4:00 Parachute 6:00 TV	7 9:00 Exercise With Carmen 10:30 Snack & iN2L 11:00 Bible Study With Pastor Larry-DS-DR 1:30 Hand Massages & Nail Day 2:30 Noodle Threading 3:30 Snack & iN2L 3:45 Walking Club-Parking Lot	8 9:00 Sing Along With Carmen 10:00 Exercise With Christy 10:30 Snack & iN2L 11:00 Black History: Quotes 1:30 Bingo DS 2:30 Craft: Valentine Mail Boxes-DS-DR 3:30 Valentine Jokes 4:00 Top 10 Most Influential Black People	9 9:00 Sing Along & Bible Verse With Carmen 10:00 Exercise With Carmen 10:30 Snack & iN2L 11:00 1:30 2:30 Pizza Party-DR 3:30 Art/Craft With Christy-Shake It Up Hearts	10 9:00 Sing Along With Carmen 10:00 Outing Symphony: Must Sign Up With Christy or Tina 10:30 Snack & iN2L 11:00 1:30 Flower Arrangements 2:30 Monthly Birthday Party DS 3:30 Snack & iN2L 4:00 6:00 Movie	11 9:00 Music 10:00 Movie Maintee 2:00 Game Tables 4:00 Home Center/Jigsaw Puzzles
12 SUPER BOWL 9:00 Church TV 10:00 Praise & Worship Music 10:30 Snack & TV 2:00 Game Tables	13 9:00 Sing Along With Carmen 9:30 Exercise With Carmen 10:30 Snack & iN2L 11:00 Ring Toss 1:30 Magazine Scavenger Hunt 2:30 Game Tables 3:30 Snack & iN2L 4:00 Balloon Tennis 6:00 TV	14 9:00 Exercise With Carmen 10:30 Snack & iN2L 11:00 Bible Study With Pastor Larry-DR 2:00 Valentine Party-DS-DR 3:30 Snack & iN2L 3:45 Walking Club-Parking Lot	15 9:00 Sing Along With Carmen 10:00 Exercise With Christy 10:30 Snack & iN2L 11:00 Black History Facts 1:30 Bingo DS 2:30 Valentine Jokes 3:30 Snack & iN2L 4:00 Balloon Volleyball	16 9:00 Sing Along With Carmen 10:00 10:30 11:00 1:30 2:30 3:00 Snack & iN2L 3:30 Art/Craft With Christy-DIY Mardi Gra Sensory Jar	17 9:00 Sing Along With Carmen 10:00 Exercise With Christy 10:30 Snack & iN2L 11:00 1:30 Flower Arrangements 2:30 3:30 Snack & iN2L 4:00 6:00 Movie	18 9:00 Music 10:00 Movie Maintee 2:00 Game Tables 4:00 Home Center/Jigsaw Puzzles
19 9:00 Church TV 10:00 Praise & Worship Music 10:30 Snack & TV 2:00 Game Tables	20 9:00 Sing Along With Carmen 9:30 Exercise With Carmen 10:30 Snack & iN2L 11:00 Ring Toss 1:30 Rummaging & Sensory Boxes 2:30 Game Tables 3:30 Snack & iN2L 4:00 Parachutte 6:00 TV	21 9:00 Exercise With Carmen 10:30 Snack & iN2L 11:00 Bible Study With Pastor Larry-DR 1:30 Mardi Gras Traditions & Facts 4:00-6:00 Mardi Gras Fat Tuesday Party-DS-DR	22 9:00 Sing Along With Carmen 10:00 Exercise With Christy 10:30 Snack & iN2L 11:00 Black History Famous People 1:30 Bingo DS 2:30 Game Tables 3:30 Snack & iN2L 4:00 Putt-Putt Golf	23 9:00 Sing Along With Carmen 10:00 10:30 Snack & iN2L 11:00 1:30 2:30 3:00 Snack & iN2L 3:30 Art/Craft With Christy:Free Art	24 9:00 Sing Along With Carmen 10:00 Exercise With Christy 10:30 Snack & iN2L 11:00 1:30 Flower Arrangements 2:30 3:30 Snack & iN2L 4:00 6:00 Movie	25 9:00 Music 10:00 Movie Maintee 2:00 Game Tables 4:00 Home Center/Jigsaw Puzzles
26 9:00 Church TV 10:00 Praise & Worship Music 10:30 Snack & TV 2:00 Game Tables	27 9:00 Sing Along With Carmen 9:30 Exercise With Carmen 10:30 Snack & iN2L 11:00 Ring Toss 1:30 Magazine Scavenger Hunt 2:30 Game Tables 3:30 Snack & iN2L 4:00 Balloon Tennis 6:00 TV	28 9:00 Exercise With Carmen 10:30 Snack & iN2L 11:00 Church Service With Pastor Larry & Piano With Jan Hull-DS-DR 1:30 Clean Eye Glasses 3:30 Snack & iN2L 3:45 Walking Club-Parking Lot	DS: Downstairs DR: Dining Room Let all that you do be done in love. 1 Corinthians 16:14			

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*Activities subject to change.