

WHAT'S COMING UP

April 1st

Easter Eggstravaganza

April 2nd

Palm Sunday

April 5th

Passover

April 6th

Maundy Thursday

April 7th

Good Friday

April 9th

Easter Sunday

April 13th

National Scrabble Day

April 26th

Pretzel Day

April 30th

International Jazz Day



APRIL 2023 NEWSLETTER



Greetings He is Risen,

Spring has begun, and renewal and rebirth are seen all around us. We have seen the trees blossom and, of course, the pollen definitely leaves an impression. With bees buzzing and the birds chirping, days are longer and the sun is a welcome reminder of each new day.

Easter is a reminder of rebirth. The dogwood tree is believed to have provided the wood upon which Christ was crucified. Hot cross buns are a traditional food for Good Friday, which is the day Jesus was crucified on the cross and the spices in the bun are said to be representative of the ones used to prepare his body. The Cross is the symbol to remind us of the price he paid for our eternity with him, and the empty tomb assures us he is alive and reigning today and always.

The decorated Easter eggs are also symbolic of the tomb opening up. Just like the egg is cracked for new life to emerge so did Christ from his tomb, as death couldn't hold him. I hope that you are able to join us for our Easter extravaganza on April 1st, from 11:00 am to 1:00 pm, outside or indoors depending on the weather. Pictures, food, fun, and our families are all welcome (also our staff's families). We are excited to celebrate Easter with all of you.

Regency Birmingham has new faces to meet and we are excited about the changes that have arrived in our Pathways Memory Care. Come see the wonderful renovations that have been made for our residents by our owners who continue to support us as a community. Be sure and look for the upcoming open houses and experience what makes us different.

Friends make the best neighbors! Remember when your friend joins you as your neighbor, Regency will thank you after they have lived with us for 60 days. We will give you a month's free rent or a check in the amount of \$2,500.00, whichever you prefer.

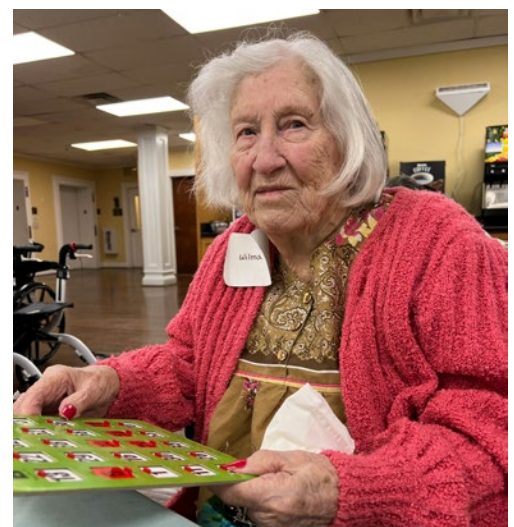
Happy Spring, we are so glad you are here with us in our community.

Rachelle Gillespie,
Executive Director



Mardi Gras

We had a wonderful Mardi Gras Party! King Cake, Beignets, Jambalaya, and music filled the community.



Games

We have so many competitive residents who all had a blast during game time!



Employee Recognition Service

We celebrated all of our employees that received Employee of the Month last year and our Employee of the Year, Chelisa, with a special service. Thank you, employees, for all you do!



Good Times

Regency Life is the best life! We have so much fun!



Easter Eggstravaganza

April 1st at 11:00 am

We hope you will join us for a campus-wide Easter Eggstravaganza on April 1st in our parking lot from 11:00 am to 1:00 pm. Families are invited to join us as we enjoy an Easter Brunch, an egg hunt, and a petting zoo along with so much more!



Music By Harmony Hills

April 21st at 2:00 pm

You don't want to miss this! Harmony Hills will perform in the Assisted Living dining room on April 21st at 2:00 pm. Everyone is invited!



Music Therapy With Blake

Monthly

You are invited to join Blake as he comes monthly for hands-on music therapy. Everyone feels better after spending time with Blake. Please join us!



Prayer Walk

May 4th

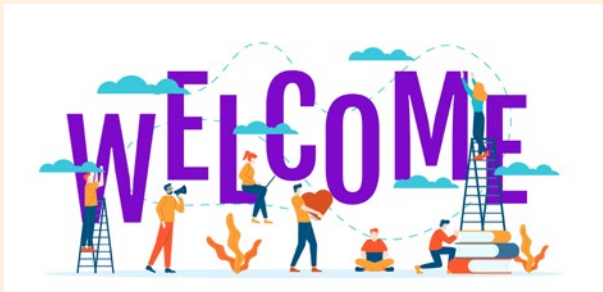
On May 4th we will have a Prayer Walk. Please join us as we pray over our staff, residents, and community as a whole. More information will be coming.



Mother's Day Tea

May 12th

We will be having a Mother's Day Tea on May 12th. Please look for more information coming soon.



New Activity Director

Let's all welcome our new Activity Director, LaToya!



Volunteers Needed!

Please help us spread the word... WE NEED VOLUNTEERS! The more volunteers we have the more fun we can have!

Please see LaToya if you are interested!

Save
the
Date

April 1st — Easter Eggstravaganza

April 9th — Easter

May 12th — Mother's Day Tea

Happy Birthday

Resident

Margaret Mallard	April 1
Ellen Smith	April 1
Travis Logan	April 5
Michael Young	April 10
Colleen Harris	April 10
Jim McDonald	April 17
Kathy Ranelli	April 21
Katie Banks	April 26
Audrey Hurst	April 28
Elizabeth Hope Vines	April 30

Employee

Sandra Matthews	April 8
Ann Chapman	April 13
Majestic Benson	April 20
Janetha Shearer	April 22

WELCOME NEW RESIDENTS! 🏠

Mr. James Parker

FUN FACTS

- » NASA announced America's first astronauts on April 9, 1959.
- » The birthstone for April is the diamond.
- » The zodiac signs are Aries (March 21–April 19) and Taurus (April 20–May 20).
- » The birth flowers for April are the sweet pea and the daisy.
- » Noah Webster copyrighted the first Webster Dictionary on April 14, 1828.
- » The Titanic sank on April 15, 1912.
- » The Revolutionary War in America began on April 19, 1775.
- » The United States Library of Congress was established on April 24, 1800.
- » Our first President, George Washington, was inaugurated on April 30, 1789.
- » Steve Jobs and Steve Wozniak formed Apple Computer Company on April 1, 1976.
- » On April 2, 1956, Elvis Presley sang "Heartbreak Hotel" on the Milton Berle Show, with an estimated 25% of the United States population viewing.
- » In April 1964, the Ford Mustang was introduced to the North American market.
- » William Shakespeare was born on April 23, 1564. He went on to write 38 plays and invent dozens of English words.
- » "My Name Is Barbra", Barbra Streisand's first TV special, aired on CBS on April 28, 1965.
- » On April 29, 1968, the musical Hair opened at the Biltmore Theatre on Broadway.



HAPPY Easter

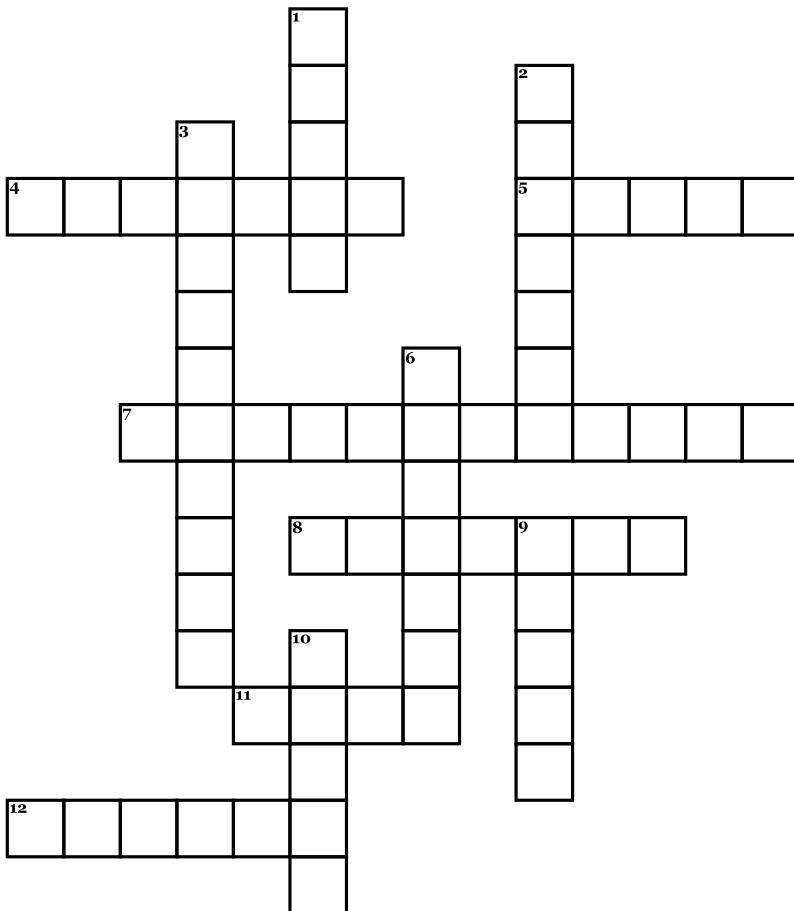


WORD FIND

T	J	D	P	G	Y	Z	R	U	X	J	M	I	J	S	V	R	P	S	A	W	Q	J	C	O
B	K	F	R	M	E	C	M	S	X	T	I	T	A	N	I	C	Z	C	D	D	W	H	B	W
A	I	S	E	U	R	L	K	M	Q	Z	Z	U	N	I	T	M	L	W	E	B	S	T	E	R
R	E	P	S	S	P	A	V	S	X	E	I	H	I	U	W	A	S	T	R	O	N	A	U	T
B	V	R	I	T	A	P	D	I	N	Z	M	H	T	A	I	D	C	Y	L	D	H	Q	R	D
A	Q	I	D	A	P	P	V	P	S	D	V	R	D	A	P	Q	R	X	H	W	F	I	N	A
R	Q	N	E	N	R	L	M	M	B	G	O	F	L	O	E	C	O	N	G	R	E	S	S	I
A	T	G	N	G	I	E	S	H	A	K	E	S	P	E	A	R	E	Q	Y	O	G	A	P	S
W	C	U	T	P	L	C	D	I	A	M	O	N	D	X	N	I	U	G	N	I	F	B	Y	Y
D	Q	U	J	B	R	O	A	D	W	A	Y	L	V	F	T	Z	I	Y	K	X	M	O	T	N

APRIL	MUSTANG	DAISY	PRESIDENT	APPLE
ELVIS	TITANIC	DIAMOND	BARBARA	BROADWAY
SHAKESPEARE	WEBSTER	ASTRONAUT	SPRING	CONGRESS

CROSS-WORD



Down

- Don't step on his blue suede shoes
- Number 10 on Mohs Hardness Scale
- Commander of the Continental Army in the Revolutionary War
- A popular name in dictionaries
- These showers bring May flowers
- One of two birth flowers for April

Across

- The unsinkable that sank
- Company founded by two Steves
- The declaration of this lives at the Library of Congress
- Iconic Ford car released in April 1964
- This musical opened on Broadway in April 1968
- It's a car and zodiac sign

EMPLOYEE OF THE YEAR

Chelisa Jeffries

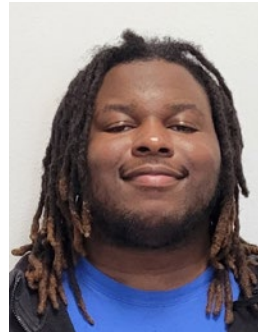


Chelisa (Chi-Chi) is a wonderful and caring LPN that works the 3rd shift in our Memory Care Unit. She works well with staff and is nurturing and caring to our residents in Memory Care. She is always willing to fill in and help when needed.

We are so thankful she is on our team here at Regency. Thank You, Chelisa, for all you do!

EMPLOYEE OF THE MONTH

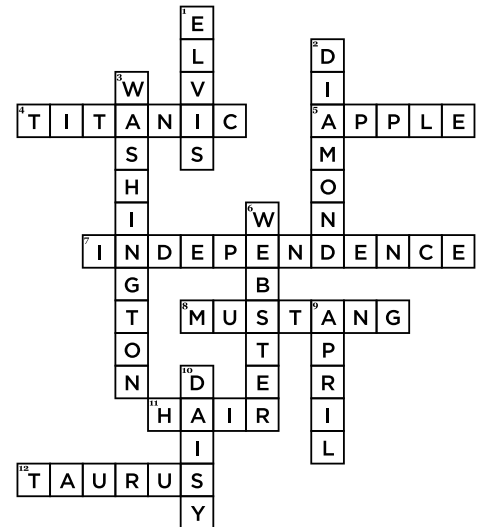
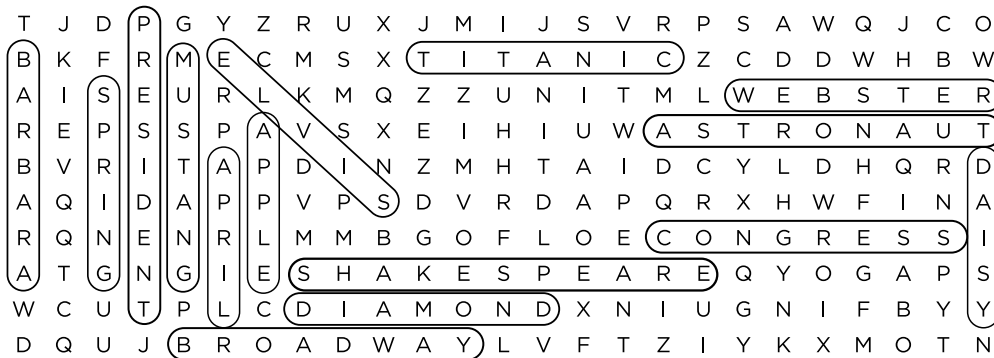
Marcus Gardner



Marcus came to Regency after he had been a caregiver for his uncle for about two years. He did not want him to be alone or not have someone to look out for him. His uncle had a stroke and Marcus saw his need for support in his daily living.

Marcus is nominated as our Employee of the Month for April for supporting the nurses and residents on our second shift at a time when we needed his extra hands. He did so without complaint. We as a team recognize his support and rising to shine for our residents when he is needed.

ANSWER KEY



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