

WHAT'S COMING UP

June 5

World Environment Day

June 8

National Best Friends Day

June 14

Flag Day

June 18

Father's Day

June 19

Juneteenth

June 21

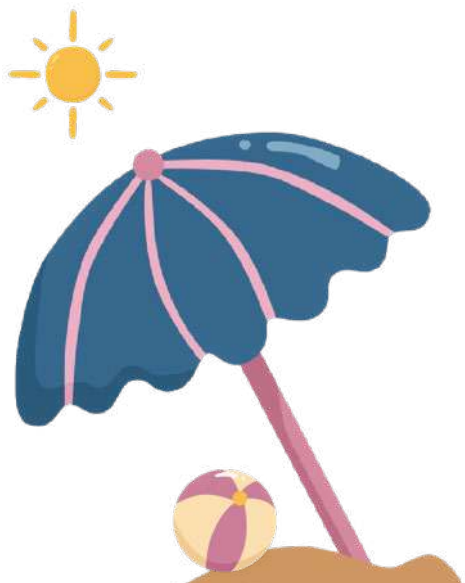
Summer Solstice

June 27

National Bingo Day

June 29

Hug Holiday



JUNE 2023 NEWSLETTER



Summer has Begun,

June is National Alzheimer's Awareness Month. Ten percent of Americans over the age of 65 have Dementia while another 22% have mild cognitive impairment. Our Pathways programming is so important for our residents to ensure they have days with purpose and an engaging setting to live in. We hope you are looking forward to our upcoming open house where you can see our completed renovation in Pathways and get a preview of the renovations in our Assisted Living area.

We welcome our new residents and families and look forward to having opportunities for housewarming events to invite those friends and families to see what makes Regency different. Connect with Debbie Armstrong, our Community Consultant, and schedule yours today. We always welcome guests into our community. For our new friends and long-term friends and residents, learn how you can receive a bonus of \$2,500 when you refer a friend or family member to join us in your community.

Look for the upcoming Father's Day event and our annual Fourth of July event, there are fun events for everyone! We welcome to our team Ms. Latoya Glass as our Activities Director. The residents are enjoying a variety of welcoming and fun opportunities to engage with other residents, enjoying finding new interests and ways to make new friends.

Summer is a season for growth and continued planting for the harvest to come. We are planting and growing a team that is devoted to our residents and to walking with God each day. We are committed to completing a prayer walk each month. We would love to have you join us as we pray for our nation, our leaders, residents, staff, and families. Check the calendar for the next walk and prayer time. All are welcome.

Life is easiest when it is lived with God, Psalms 127:2 It is vain for you to rise up early, to retire late, to eat the bread of painful labors, for he gives to his beloved even in his sleep. There is nothing that can compare to having you all the time. Thank you so much for all you do for this community as you constantly bless us. Glory and Honor to your holy name forever and ever.

Rachelle Gillespie,
Executive Director



Edgewood Gardening Class

We partnered with Edgewood Garden Club and had a hands-on flower class. This provided residents with tips for garden fertilization, pruning, and flower care. Residents also built their own arrangements to keep.



Cinco De Mayo Celebration

Regency of Birmingham had a Chido Cinco De Mayo! The Residents enjoyed their mock margaritas, and no, we did not forget the pinata!



Early's Art with Heart

Our Pathway Residents started their morning off enjoying Art with Heart canvas painting and classical music.



Brandon Lee Western Mixer

Our Thirsty Thursday Western Theme party was a success! We had the pleasure of being entertained by award-winning artist Brandon Lee out of Nashville. The residents put on their cowboy hats and enjoyed root beer floats as we danced the hour away.





Music Therapy

June 8th at 2:00 pm

There is a connection between music and medicine, and that's why we have Music Therapy! Our monthly music therapy with Blake will be held Thursday, June 8th.



Violin Serenade

June 13th at 10:30 am

Our Pathway residents have a violin serenade to look forward to. The soothing sounds of Connie on the Violin will be a wonderful time for all.



Drive-in with Dad

June 16th at 2:00 pm

Regency will celebrate Father's Day with a drive-in movie. The menu will include nachos, hot dogs, popcorn, candy, and soda. The movie selection is "The Pursuit of Happiness," and families are encouraged to attend!



Open Mic

June 21st at 3:00 pm

It's the first day of summer, and we all can use a cool breeze. Our open mic poetry reading will be held in our Independent Dining room at 3:00 pm. Bring your favorite poem to share with the group! Light snacks and beverages will be served.



Prayer Walk

June 22nd at 10:00 am

Join us for our campus-wide monthly Prayer Walk. Remember, seven days without prayer makes one weak.



Sock Hop

June 23rd at 2:00 pm

Dust off your poodle skirts and saddle shoes, we are having a Sock Hop at Regency of Birmingham! We are revisiting the Fabulous Fifties with a musical performance by the Infusions.





Linda Crawford

Linda has been at Regency of Birmingham for two years. Prior to that, Linda worked numerous jobs, but her favorite job was when she worked at US Steel as a Financial Officer. Linda has been chosen as our spotlight resident due to her willingness always to help others no matter what the situation is. She participates in all activities here at Regency, and she takes the time to go door to door to invite her fellow neighbors to attend as well. Linda is very welcoming to staff, visitors, and family members. You can always depend on Linda to greet you with a smile!

WELCOME NEW RESIDENTS! 🏠

- Pattie Braswell
- Helena Sells
- James Daffron
- James Wells
- Marshall Ford

Happy Birthday



Resident

- Charles Lively June 6
- Marshall Ford June 12
- Jim Wells June 18
- Jim Beckham June 27
- Linda Robinson June 28

Employee

- Felonia Jones June 6
- Latrisha Gardner June 14
- Shambrell Elliot June 20
- Pamela Long June 22

FUN FACTS

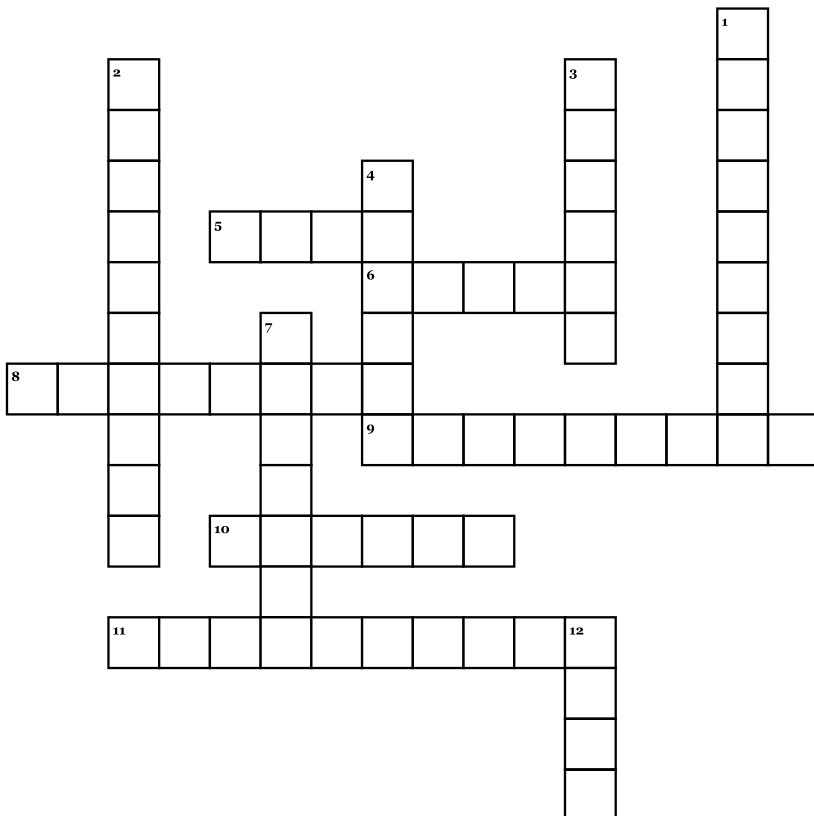
- » In 2009, June was the 662nd most popular name for girls in the USA.
- » In both common and leap years, no other month begins on the same day of the week as June.
- » June is accordion awareness month, as well as candy, dairy, and papaya month.
- » June 19th is Juneteenth (also known as Freedom Day or Emancipation Day). On this day in 1865, Union General Gordon Granger read the Emancipation Proclamation aloud in Galveston, Texas, effectively liberating slaves in the state.
- » June 20th is the summer solstice, which heralds the start of summer in the Northern Hemisphere. It's the day with the most hours of daylight, so enjoy! In the Southern Hemisphere, winter begins at this time.
- » National Yo-Yo Day is June 6th.
- » June's full Moon, the full Strawberry Moon, occurs on Saturday, June 3rd. In the evening—just after sunset—look towards the southeast to watch the full Moon rise gently above the horizon. There, it will appear large and golden-hued. June's full Moon will reach peak illumination at 11:43 p.m. Eastern Time.
- » June is often considered a “summer month,” whereas September is not — even though September has twice as many summer days as June.
- » On June 4, 1919, the US Congress approved the 19th Amendment to the United States Constitution, which guaranteed voting for women, and sent it to the individual states for ratification.
- » The Young Men's Christian Association (YMCA) was founded in London on June 6, 1844.

WORD FIND

X L M J D M J J S M P A A V B J S Y T B B Z F T V
 T J O C O E O A V T O M M N D S U O P H F X N X I
 P G N V A A T O C Z R N A Z I C C N L D X E H V L
 E V O V D R K W N C J A I H N M S A E S N N P H S
 A L R G A W T E C S O N W A W N A P I T T L Y N U
 R E A E I H O O U O T R X B G G M T A N E I O G M
 L Y I M R L G A O Y U O D M E A M V E P E E C I M
 S K L I Y H T V O N E T N I L R R L K D A D N E E
 E M A N C I P A T I O N E E O B R A W U S Y A T R
 V Q B I V Z B K V D Q X Q F W N E Y G M Y F A A H

- | | | | | |
|----------|------------|------------|--------------|-----------|
| SUMMER | STRAWBERRY | DAIRY | ACCORDION | ANIMATED |
| SOLSTICE | NIAGARA | JUNETEENTH | EMANCIPATION | PEARL |
| MONORAIL | PAPAYA | CARTOON | GEMINI | MOONSTONE |

CROSSWORD



Down

1. AKA a squeezebox
2. Location of the first daily operating monorail system in the Western Hemisphere
3. The first day of _____ happens on June 21st
4. One might get this type of wire tattooed around their bicep
7. _____ Falls State Park is the oldest state park in the U.S.
12. The toy known for bobbing up and down on a string

Across

5. It's fun to stay at the _____
6. Get your kicks on _____ 66
8. This happens on June 20th
9. Type of dog in the first animated cartoon
10. Home of America's first drive-in
11. June's full Moon identifier

EMPLOYEE OF THE YEAR

Chelisa Jeffries



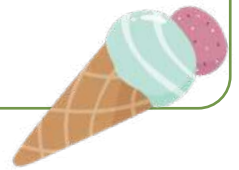
Chelisa (Chi-Chi) is a wonderful and caring LPN that works the 3rd shift in our Memory Care Unit. She works well with staff and is nurturing and caring to our residents in Memory Care. She is always willing to fill in and help when needed.

We are so thankful she is on our team here at Regency. Thank You, Chelisa, for all you do!

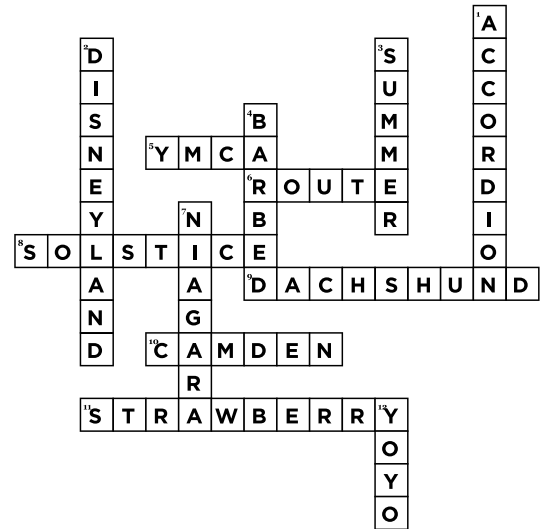
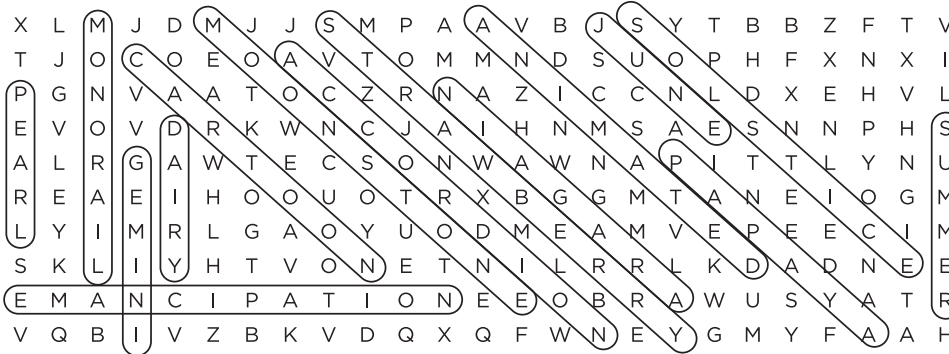
EMPLOYEE OF THE MONTH

Rynthia Honeycutt

Rynthia is devoted to her residents in our Pathways setting. You can see her making sure they are made to feel special each day in her caring hands. It is caregivers like Ms. Rynthia who make each person feel loved and cared for. She brings a smile and a positive attitude each day. We thank you for all you do, you make us so proud!




ANSWER KEY



CONNECT WITH US

 [Facebook.com/RegencyBirmingham](https://www.facebook.com/RegencyBirmingham)

 [RegencyBirmingham.com](https://www.RegencyBirmingham.com)

