

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 9:00 Daily Workout 10:00 History on iN2L 1:30 My Life Story 4:00 Old Wives Tales
2 9:00 Morning Worship 11:00 Bible Study on iN2L 2:00 Hymn Sing Along 6:00 Movie Night	3 9:00 Morning Movement 10:00 Birmingham Zoo Visit 11:00 Bible Study 2:00 Bingo 6:00 Nightly News	4 9:00 B-Fit Exercise 10:00 Music Appreciation 12:00 Independence Day Celebration 2:00 4th of July Trivia 4:00 Midday Movie	5 9:00 Exercise 10:00 Color me Calm 2:00 Hands on Cuisine: S'mores 4:00 Card Games	6 9:00 Daily Workout 10:00 Daily Chronicle 2:00 A Game of Dominoes 4:00 Name that Tune on iN2L 6:00 TV Land	7 9:00 Range of Motion 10:00 Health and Wellness Chat 2:00 Animal Art Sheets 3:30 Reading with Refreshments	8 9:00 Exercise 10:30 Snactivity 1:30 Table Games 3:30 iN2L Explore
9 9:00 Televised Worship 10:00 Favorite Bible Verse 1:30 Activity Table 6:00 Hallmark Movie	10 9:00 Exercise 11:00 Bible Study 2:00 Bingo 3:30 Punch on the Porch	11 9:00 Sittercise 10:30 Violin Serenade with Connie 2:00 Ring Toss 3:00 Manicures and Music 4:00 Say it with Color Art Sheets	12 9:00 Exercise 10:00 Coffee Concert 2:00 Hands on Cuisine 4:00 Music from the '70s	13 9:00 Cardio Exercise 10:00 Table Tennis 2:00 Music Therapy with Blake 4:00 Finish the Phrase	14 9:00 Exercise 10:00 Google Earth on iN2L 2:00 Luau Party with Jordan Hopkins Performing 4:00 Silly Sitcoms	15 9:00 Sittercise 10:00 Snactivity 1:30 Games on iN2I 4:00 Game of Checkers
16 9:00 Morning Worship Televised 10:00 Hymn Sing Along 1:30 Jigsaw Puzzles 3:30 I Love Lucy Marathon	17 9:00 Morning Movement 11:00 Bible Study 2:00 Bingo 3:30 Art on the Rocks 4:30 Views on News	18 9:00 Sittercise 10:00 Punch on the Patio 2:00 Music and Manicures 4:00 Dominoes	19 9:00 Stretch Class 10:30 Trivia on iN2L 2:00 Snow Cone Social 4:00 Table Talk	20 9:00 Sit and B-Fit Exercise 10:00 Prayer Walk 2:00 Word Search Puzzles 4:00 TV Land	21 9:00 Morning Workout 10:30 Snactivity 3:30 Movie and Popcorn 6:00 Nightly News	22 9:00 Morning Movement 10:30 History Trivia on iN2L 1:30 Name that Tune 6:00 Table Games
23/30 9:00 Morning Worship Televised 11:00 Bible Stories on iN2L 2:00 Card Games Hallmark Movie	24/31 9:00 Breathing Exercises 11:00 Bible Study 2:00 Bingo 4:00 Table Tennis	25 9:00 Exercise 10:30 Garden Club 1:30 Manicures and Movie 4:00 iN2L Explore	26 9:00 Sittercise 10:30 Reading and Relaxation 2:00 Hands on Cuisine: Sandwich Wraps	27 9:00 Exercise 10:30 Crossword Puzzles 2:00 Mocha and Music 4:00 Sensory Session	28 9:00 Range of Motion 10:30 July Birthday Celebration 1:30 Trivia Time 3:00 Jigsaw Puzzles and Punch	29 9:00 Daily Workout