## Assisted Living

## October 2023 Events

## Regency Retirement Village of Birmingham

	TROUBLED TI	VIIIO			VLIVID	285 West Oxmoor Roa	d   Birmingham, AL 35209   (205) 942	
	Sunday	Monday	Tuesday	Wednesday	Thursday	FRIDAY	Saturday	
	2:00 Prayer Group	11:00 Bible Study 2 2:00 Resident Council Meeting 3:30 Corn Hole	10:00 Silver Sneaker Workout 1:30 Nature Walk 3:30 A Game of Checkers	10:00 Coffee Concert 4 1:30 Bingo 3:30 Sips and Strokes	10:00 Morning Movement 1:30 The Price is Right 3:30 Nature Appreciation	1:30 Manicures and Music	10:30 Word Search Puzzles 1:30 Resident Choice Games 3:30 Animal Art Sheets	7
	2:00 Hymn Sing Along	11:00 Bible Study 9 1:30 Bingo 3:30 Total Trivia	1:30 Walking Club	10:00 Mocha and Movie 11 1:30 Bingo 3:30 Board Games	10:00 Exercise 1:30 Ice Cream Social 3:30 iPad Games	12 9:45 Outing to Walmart 1:30 Family Feud 3:30 Jigsaw Puzzles	10:30 Trivia Time 1:30 Movie Marathon 4:00 Visit a Neighbor	14
	1:30 Favorite Bible Verses	1:30 Bingo 3:30 Reading with Refreshments	_	10:00 Exercise Class 18 12:00 What's Cooking Wednesday Regency Celebrates New York City 1:30 Bingo 3:30 Views on News	10:00 Jazzercise 1:30 Midday Manicures 3:30 Word Find Puzzles	9:45 Outing to Vapor Thrift Store 20 2:00 Great Gatsby with Jordan Hopkins Performing 4:00 Televised Big Band Music	10:00 Social Hour 1:30 Card Games 3:30 Sitcom Marathon	21
No. of the last of	2:00 Bible Crossword Puzzle 4:00 Hallmark Movie	2:00 Breast Cancer Awareness with	10:00 Punch on the Patio 24 1:30 Pumpkin Decorating 3:30 A Game of Scrabble	10:00 Piano Serenade with Heather 1:30 Bingo 3:30 Jigsaw Puzzles	10:00 My Life Story 1:30 Say It with Color Art Sheets 3:30 Dominoes	2:00 October Birthday Celebration	10:00 Views on News 1:30 Board Games 3:30 Reminiscing	28
	2:00 Hymn Sing Along	11:00 Bible Study 30 1:30 Garden Club 3:30 Connect Four	10:00 Morning Movement 2:00 October Festivities 4:00 Popcorn and Movie					X