Senior Living

October 2023 Events

Regency Retirement Village of Birmingham 285 West Oxmoor Road | Birmingham, AL 35209 | (205) 942-3355

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1:30 Hymn Sing Along 4:30 Social Hour	1:30 Resident Choice Games	11:00 Bible Study 1:30 Movie Trivia 3:00 A Game of UNO	1:30 A Game of Scrabble	9:45 Trip to Dollar Tree 5 1:30 Technical Device Class 3:30 Health and Wellness Chat	1:30 Bingo	10:00 Morning Movement 1:30 A Game of Checkers 3:30 Favorite Sitcom	7
- A	2:00 Prayer Group	1:30 Manicures and Music	11:00 Bible Study 1:30 Manicures and Movie 3:00 Chain of Thought iPad Games	1:30 Dominoes	1:30 Crossword Puzzles	10:30 Puzzles and Pandora Music13 1:30 Bingo 3:30 Afternoon Craft	10:00 Views on News 1:30 Midday Movie 3:30 Nature Appreciation	14
	2:00 Favorite Hymn	3:30 Let's Make a Pastry	11:00 Bible Study 1:30 Garden Club Planting Broccoli and Collards 3:30 Reading with Refreshments	12:00 What's Cooking Wednesday	1:30 Popcorn and Movie Marathon 3:30 Social Hour	2:00 Great Gatsby with	10:00 Reading and Relaxation 1:30 Table Games 3:30 Reminiscing	21
	1:30 Bible Crossword Puzzles 4:00 TV Land	2:00 Breast Cancer Awareness with	11:00 Bible Study 2 1:30 Jigsaw Puzzles 3:30 Connect Four	1:30 Board Games	1:30 Karaoke 3:00 Card Games	2:00 October Birthday Celebration	10:00 Current Events 1:30 Word Find Puzzles 3:30 Check on a Neighbor	28
	1:30 Hymn Sing Along	1:30 Garden Club	10:30 Color Me Calm Art Sheets 2:00 Octoberfest 4:00 Popcorn and Movie	31				