## Pathways | Intentional Memory Care

## OCTOBER 2023 EVENTS

I allways i			DER $2023$ E		285 West Oxmoor Roa	nd   Birmingham, AL 35209   (205) 942-335	5
Sunday	Monday	Tuesday	Wednesday	THURSDAY	Friday	SATURDAY	1
11:30 Bible Stories in iN2L 2:00 Card Games 4:00 TV Land	11:00 Bible Study 2:00 Bingo 4:00 A Game of Scrabble	9:00 Stretch Class 3 10:30 History on iN2L 2:00 Scenic Ride 4:00 Crossword Puzzles 6:00 Silly Sitcoms	9:00 B-Fit Exercises 4 10:00 Hymn Sing Along 2:30 Hands on Cuisine: Orange Punch 4:00 Dominoes 6:00 Views on News	9:00 Range of Motion Exercise 5 10:00 Manicures and Music 2:00 Reading with Refreshments 4:00 Current Events 6:00 Movie Night	9:00 Exercise 6 10:30 Punch on the Patio 2:00 Movie and Popcorn 4:00 Checkers 6:00 Animal Planet	9:00 Daily Workout 10:00 Say it with Color Art Sheets 1:30 History on iN2L 4:00 Board Games	
11:30 My Favorite Hymns 2:00 Daily Chronicle 4:00 Activity Packet	11:00 Bible Study 2:00 Bingo 4:00 Animal Art Sheets	9:00 Balloon Bounce 10 10:00 Connie Sue and Her Violin 2:30 Sight Seeing 4:00 Word Finds 6:00 Sensory Session	9:00 Breathing Exercises 11 10:00 Price is Right on iN2L 2:30 Hands on Cuisine: Let's Make Candy Apples 4:00 Music from the '50s 6:00 Table Talk	9:00 Daily Workout 10:30 Coffee Concert 2:00 Music Therapy with Blake 4:00 Jigsaw Puzzles 6:00 Classical Music	9:00 Stretch Class 13 10:30 Trivia on iN2L 2:00 Crafting Corner 4:00 Family Feud 6:00 Old Wives Tales	9:00 Morning Stretches <sup>12</sup> 10:30 Social Hour 1:30 Art Sheets 3:30 Total Trivia 6:00 My Life Story	
11:00 Our Daily Bread Passages 2:00 Room Visits	10:30 Morning Manicures 2:00 Art on the Rocks 4:00 Resident Choice Games 6:00 Daily Chronicle	9:00 Exercise Class 17 10:00 Laughs and Lattes 1:30 Garden Club Planting Broccoli and Collards 4:00 Puzzles and Pandora Music 6:00 Room Visits	9:00 Cardio Exercise 18 10:00 Health Talk 2:30 Dearest Dessert: Sweet Potato Pie 4:00 Crossword Puzzles 6:00 TV Land	9:00 Exercises 19 10:00 Morning Social 2:00 Scenic Ride 4:00 Corn Hole 6:00 Board Games	9:00 Daily Workout 10:30 Music and Manicures 2:00 Great Gatsby with Jordan Hopkins Performing 4:00 Checkers 6:00 Movie Night	9:00 B-Fit Exercises 2: 10:30 Color Me Calm Art 1:30 Let's Play Darts 3:00 Corn Hole 6:00 Silly Sitcoms	
11:30 Hymn Sing Along 2:00 Reminiscing: Favorite Fall Memory 4:00 History Channel	2:00 Breast Cancer Awareness with The Alexanders Performing	9:00 Breathing Exercises 24 10:30 Wellness Talk 2:30 Scenic Ride 4:00 Game of Dominoes 6:00 Western Movie	9:00 Exercise 25 10:00 Piano Serenade with Heather 2:30 Hands on Cuisine: Decorating Cookies 4:00 Music Appreciation 6:00 Nightly News	9:00 Daily Workout 26 10:30 Morning Manicures 2:00 Pumpkin Craft 4:00 Table Tennis 6:00 Big Band Music	9:00 Let's Get Moving Exercises 27 10:30 Price is Right on iN2L 2:00 October Birthday Celebration with Johnny Cash in Concert 4:00 Music Appreciation 6:00 History Channel	9:00 Exercise Class 28 10:30 History on iN2L 1:30 Resident Choice Movie 3:30 Music Appreciation 6:00 Current Events	
	10:30 Snactivity 1:30 Garden Club 3:00 Game of Darts	9:00 Exercise Class 31 10:30 Table Games 2:00 October Festivities 4:00 Movie and Popcorn 6:00 Reminiscing					
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## Regency Retirement Village of Birmingham

