

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			9:00 Exercises ¹ 10:30 Reading and Relaxation 2:30 Hands on Cuisine: Turkey Sub Sandwiches 4:00 Name that Tune 6:00 Current Events	9:00 Cardio Exercises ² 10:00 Sing Along 2:00 Say it with Color Art Sheets 3:00 Movie and Popcorn 6:00 Table Games	9:00 Let's Get Moving Exercises ³ 10:30 Morning Trivia on iN2L 2:00 Game of Darts 3:00 Nature Walk 4:00 Old Wives Tales 6:00 History of Horoscopes	9:00 Daily Workout ⁴ 10:00 Animal Art Sheets 1:30 iN2L Explore 3:30 Mid Day Movie 6:00 Family Feud
10:00 Morning Worship Televised ⁵ 11:30 Bible Stories on iN2L 2:00 Card Games 6:00 TV Land	9:00 B-Fit Exercises ⁶ 11:00 Bible Study 2:00 Bingo 4:00 Jigsaw Puzzles 6:00 Mental Math	9:00 Morning Movement ⁷ 10:00 Canvas Art Class with Early Art with Heart 1:30 Games on iN2L 2:30 Scenic Ride 4:00 Board Games 6:00 Views on News	9:00 Breathing Exercises ⁸ 10:30 Manicures and Music 1:30 Flower Arrangements with Edgewood Garden Club 3:00 Hand on Cuisine: Chocolate Turtle Apple Slices 4:00 Music from the '60s 6:00 Table Talk	9:00 Cardio Exercises ⁹ 10:00 Sing Along 2:00 Word Finds 4:00 Music and Meditation 6:00 A Game of Scrabble	9:00 Morning Movement ¹⁰ 10:30 Health Talk 2:00 Veterans Day Celebration 3:30 Corn Hole 4:30 Daily Chronicle 6:00 Movie Night	9:00 Exercise ¹¹ 10:30 Morning Social 1:30 My Life Story 4:00 Word Find Puzzles 6:00 Table Games
10:00 Televised Worship ¹² 11:30 Favorite Hymns 2:00 Card Games 6:00 Hallmark Movie	9:00 Sit and B-Fit Exercises ¹³ 11:00 Bible Study 2:00 Bingo 3:30 Wreath Craft 4:00 Music Appreciation	9:00 Exercise ¹⁴ 10:00 Connie Sue and her Violin 2:00 A Tribute to Willie Nelson Concert 4:00 Puzzles and Pandora 6:00 Movie Marathon	9:00 Morning Movement ¹⁵ 10:30 Reading with Refreshments 12:00 What's Cooking Wednesday Regency Celebrates Paris 2:30 Dearest Dessert: Peach Cobbler and Vanilla Ice Cream 4:00 Game of Dominoes 6:00 Nightly News	9:00 Daily Workout ¹⁶ 10:30 Coffee Concert 2:00 Music Therapy with Blake 4:00 Crossword Puzzles 6:00 Classical Music	9:00 Range of Motion Exercises ¹⁷ 10:00 Morning Manicures 2:00 '70s Party November Birthday Celebration 4:00 Game of Checkers 6:00 Movie Night	9:00 Morning Movement ¹⁸ 10:30 Games of Dominoes 1:30 Name that Tune 3:30 Snactivity 6:00 Silly Sitcoms
10:00 Morning Worship ¹⁹ 11:00 Our Daily Bread Passages 2:00 Visit a Neighbor 4:00 Range of Motion Exercises 6:00 Silly Sitcoms	9:00 Jazzercise ²⁰ 11:00 Bible Study 2:00 Bingo 3:30 Pillow Craft 6:00 Board Games	9:00 Breathing Exercises ²¹ 10:30 Games on iN2L 2:00 Puzzles and Pandora Music 4:00 Table Top Air Hockey 6:00 Views on News	9:00 Morning Stretches ²² 10:30 Morning Manicures 1:30 Site Seeing 3:00 Movie and Popcorn 6:00 Current Events	9:00 Macy's Thanksgiving Parade ²³ Televised 12:00 Thanksgiving Lunch 2:00 What I'm Thankful for Table Talk 6:00 Hallmark Holiday Movie	9:00 Sit and B-Fit Exercises ²⁴ 10:00 Morning Social 1:30 iN2L Explore 4:00 Board Games	9:00 Exercise ²⁵ 10:30 Price is Right on iN2L 2:00 Mid Day Movie 3:00 Bingo 6:00 Game of Checkers
10:00 Televised Worship ²⁶ 11:00 Bible Stories on iN2L 2:00 Reminiscing 3:30 Room Visits 6:00 I love Lucy Marathon	9:00 Range of Motion Exercises ²⁷ 11:00 Bible Study 2:00 Bingo 3:30 Dominoes 6:00 Nightly News	9:00 Exercise ²⁸ 10:30 Health and Wellness Talk 1:30 Scenic Ride 3:30 Corn Hole 6:00 Music Appreciation	9:00 Sittercise ²⁹ 10:30 Manicures and Music 2:30 Creamsicle Mock Mimosas 3:30 Music Trivia on iN2L 6:00 Crossword Puzzles	9:00 Daily Workout ³⁰ 10:30 Connect Four 1:30 Silly Sitcoms 3:30 Music from the '70s 6:00 Activity Table		