

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					9:00 Morning Movement <sup>1</sup> 10:30 Daily Chronicle 1:30 Corn Hole 3:00 Movie and Popcorn 6:00 Jig Saw Puzzles	9:00 Morning Stretches <sup>2</sup> 10:30 Trivia on iN2L 1:30 Say it with Color Art Sheets 4:00 Word Search Puzzles 6:00 Views on News
9:00 Morning Worship <sup>3</sup> 11:00 Our Daily Bread Bible Passages 1:00 Festival of Trees 3:30 Card Games 6:00 Hallmark Movie	9:00 B-Fit Exercises <sup>4</sup> 11:00 Bible Study 2:00 Bingo 3:30 Reading with Refreshments 6:00 Current Events	9:00 Morning Movement <sup>5</sup> 10:00 Early's Art with Heart 1:30 Word Find Puzzles 2:00 Special Longevity Celebration 6:00 Music Appreciation	9:00 Breathing Exercises <sup>6</sup> 10:30 Reading and Relaxation 1:00 Mid Day Manicures 2:30 Hands on Cuisine: Candy Cane Snow Men 4:00 Ring Toss 6:00 Reminiscing	9:00 Exercises <sup>7</sup> 10:30 Health Talk 1:30 Scenic Ride 3:00 Snacktivity 6:00 Table Talk	9:00 Sittercise <sup>8</sup> 10:30 Trivia on iN2L 1:00 Name that Tune 2:00 A Christmas Carol Performance by Red Mountain 4:00 Old Wives Tales 6:00 Hallmark Christmas Movie	9:00 Daily Workout <sup>9</sup> 10:30 Big Bingo with Volunteer Group Rare Jewels 1:30 History on iN2L 4:00 Animal Art 6:00 Table Games
9:00 Televised Worship <sup>10</sup> 10:30 Hymn Sing Along 1:30 My Life Story 3:30 Afternoon Craft 4:30 iN2L Explore 6:00 Sitcom Marathons	9:00 Range of Motion Exercises <sup>11</sup> 10:30 Alabaster Senior Center Music Performance 11:30 Bible Study 2:00 Bingo 3:30 Christmas Craft 6:00 Silly Sitcoms	9:00 Exercise <sup>12</sup> 10:00 Violin Serenade by Connie Sue 1:30 The Price is Right on iN2L 2:00 Sightseeing 4:00 Resident Choice Movie 6:00 A Game of Checkers	9:00 Morning Movement <sup>13</sup> 10:30 Snacktivity 2:30 Grinchmas Punch 3:30 Manicures and Music 6:00 TV Land	9:00 Morning Movement <sup>14</sup> 10:30 Christmas Stocking Craft 2:00 Music Therapy with Blake 4:00 A Game of Scrabble 5:30 Night of Lights Christmas Light Scenic Ride	9:00 Sittercise <sup>15</sup> 10:30 Trivia on iN2L 2:00 The Return of Elvis in Concert for December Birthday Celebration 4:00 A Game of Scrabble 6:00 Movie Night	9:00 Sittercise <sup>16</sup> 10:00 Morning Social 1:00 Animal Planet 2:00 Christmas Carols by Piamistry School of Music 4:00 Bingo 6:00 Views on News
9:00 Televised Worship <sup>17</sup> 10:30 Bible Stories on iN2L 2:00 Reminiscing 3:30 Table Games 6:00 Movie Marathons	9:00 Balloon Bounce <sup>18</sup> 11:00 Bible Study 2:00 Bingo 3:30 Reading with Refreshments 6:00 Current Events	9:00 Breathing Exercises <sup>19</sup> 10:30 Ornament Craft 2:00 Scenic Ride 3:30 Coffee Concert 6:00 Nightly News	9:00 Daily Workout <sup>20</sup> 10:30 Health Talk 12:00 What's Cooking Wednesday Regency Celebrates Christmas 2:30 Hands on Cuisine: Christmas Kabobs 4:00 Say it with Color Craft 6:00 Current Events	9:00 Sittercise <sup>21</sup> 10:30 Morning Manicures 1:30 Movie and Popcorn 4:00 Ring Toss 6:00 Table Games	9:00 Range of Motion Exercises <sup>22</sup> 10:30 Daily Chronicle 2:00 Residents Christmas Party 4:00 Puzzles and Pandora Music from the 50's 6:00 Table Games	9:00 Morning Stretches <sup>23</sup> 10:00 History on iN2L 1:30 Bingo 3:00 Corn Hole 6:00 Hallmark Holiday Movie
9:00 Morning Worship <sup>24/31</sup> Televised 11:00 Favorite Hymns 1:30 Dominoes 3:30 Hot Cocoa and Gingerbread Cookies 6:00 Board Games	9:00 Holiday Tunes <sup>25</sup> 10:30 Christmas Trivia 1:30 Reindeer Antler Ring Toss 3:30 Let's Make Gingerbread Houses 6:00 Favorite Holiday Memory	9:00 Sittercise <sup>26</sup> 10:30 A Game of Dominoes 1:30 Jig Saw Puzzles 3:30 Afternoon Aerobics 6:00 Google Earth ON iN2L	9:00 Cardio Exercises <sup>27</sup> 10:30 Laughs and Lattes 2:30 Dearest Dessert: Pecan Pie 4:00 The Price is Right on iN2L 6:00 A Game of Checkers	9:00 Sit and B-Fit Exercise <sup>28</sup> 10:30 Morning Manicures 1:30 A Game of Scrabble 4:00 Corn Hole 6:00 Resident Choice Games	9:00 Daily Workout <sup>29</sup> 10:30 Sing Along 2:00 Pre New Years Party 4:00 Memory Lane Game 6:00 Music on iN2L	9:00 Exercise <sup>30</sup> 10:30 Trivia 1:30 iN2L Games 3:00 Ball Toss 6:00 Board Games