

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	10:00 Morning Movement 11:00 Bible Study 2:00 Resident Council Meeting 3:30 History on New Years Resolution	10:00 Silver Sneaker Workout 1:30 Coffee Concert 3:00 Total Trivia 6:00 Board Games	10:00 Daily Exercise 1:30 Bingo 3:30 Name that Tune 6:00 Social Hour	10:00 Mocha and Movie 1:30 Nature Walk 3:00 Snacks and Table Talk 6:00 Flex your Brain Trivia	10:00 History of Birds 2:00 Outing to the Movies 3:00 Snactivity 6:00 Visit a Neighbor	10:00 Exercise 11:30 Word Find Puzzles 1:30 Dominoes 3:30 Connect Four 6:30 Table Top Air Hockey
9:30 Televised Worship 11:00 Hymn Sing Along 1:30 Our Daily Bread Passages 5:30 TV Land	10:00 Stretch Class 11:00 Bible Study 1:30 Corn Hole 3:30 Menu Chat 6:00 Resident Choice Games	10:00 Sittercise 1:30 Walking Club 3:00 Sips and Strokes 6:00 Card Games	10:00 Morning Movement 1:30 Bingo 3:30 A Game of Dominoes 6:00 Social Hour	10:00 Morning Manicures 1:30 Creative Expressions 3:30 Movie and Popcorn 6:00 Reading and Relaxation	9:45 Outing to Walmart 11:00 Word Find Puzzles 2:00 Disco Party 4:00 Total Trivia 6:00 Resident Choice Games	10:00 Sittercise 11:30 Morning Social 1:30 Afternoon Craft 4:00 A Game of Checkers 6:00 Jigsaw Puzzles
9:30 Worship Hour 11:00 Hymn Sing Along 1:30 Bible Passages 4:00 Movie Marathon	10:00 Morning Social 11:00 Bible Study 1:30 Martin Luther King Jr. Speech Televised 4:00 Hour of Art 6:00 Total Trivia	10:00 B-Fit Exercise 11:00 Crossword Puzzles 2:00 Texas Tuesday Western Party 4:00 Name that Tune 6:00 Movie Night	10:00 Cardio Exercises 12:00 What's Cooking Wednesday: Regency Celebrates Mexico 1:30 Bingo 3:30 Winter Journal Craft 6:00 Music and Meditation	10:00 Hot Chocolate Social 11:00 Brain Teasers 1:30 Winter Art 3:30 Snactivity 6:00 Views on News	10:00 Outing to Vulcan Park and Museum 1:30 Corn Hole 3:30 Resident Choice Games 6:00 Hallmark Movie	10:00 Sit and B-Fit Exercises 11:00 Views on News 1:30 Card Games 3:30 Dominoes 6:00 Scrabble
9:30 Televised Worship 11:00 Reminiscing 1:30 Our Daily Bread Passages 4:00 TV Land	10:00 Stretch Class 11:00 Bible Study 2:00 Ice Cream Social 3:30 Puzzles and Pandora Music 6:00 A Game of Scrabble	10:00 Java and Jokes 11:00 Movie Trivia 2:00 Resident's Staycation to Hawaii 3:30 Book Club	10:30 Bingo 1:30 Spanish Course III with Rachel 3:00 Big Band Music Televised 6:00 Current Events	10:00 Cardio Exercises 11:00 The Price is Right Game 1:30 Let's Play Family Feud 3:30 Manicures and Music 6:00 Flex Your Brain Trivia	10:00 Outing to Walmart 11:00 Animal Planet 2:00 Birthday Celebration for the Month of January 6:00 Word Find Puzzles	10:00 Let's Get Moving Exercises 1:30 Resident Choice Games 3:30 Midday Movie 6:00 Journaling
9:00 Morning Worship Televised 11:00 Prayer Group 1:30 Word Finds 3:30 Board Games 6:00 Sitcom Marathon	10:00 Jazzercise 11:00 Bible Study 1:30 Tri-Ominos 3:30 Wheel of Fortune	10:00 Silver Sneaker Workout 11:00 Connect Four 1:30 Ring Toss 3:30 Let's Play Family Feud 6:00 Trivia Time	10:00 Table Top Air Hockey 11:00 The Price is Right Games 1:30 Bingo 3:30 Movie and Popcorn 6:00 Ring Toss			