

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	11:00 Resident Council Meeting 1:30 Resident Choice Games 3:00 Dominoes with LaToya 6:00 Current Events	11:00 Bible Study 2:00 A Game of Tonk 4:00 Music Appreciation 6:00 Activity Packet	10:30 Range of Motion Exercises 1:00 Resident Choice Games 3:30 Bingo 6:00 Movie Night	10:30 Jazzercise 2:00 Outing to Movies 6:00 Crossword Puzzles	10:30 National Bird Day History of Birds 1:30 Color Me Calm Art Sheets 3:00 Dominoes with LaToya 6:00 Table Games	10:30 Morning Social 1:30 Trivia Packet 3:30 Board Games 6:00 Visit a Neighbor
9:00 Morning Worship Televised 1:30 Hymn Sing Along 3:00 Social Hour 6:00 Resident Choice Games	10:00 Exercise Class 1:30 Afternoon Craft 3:30 A Game of Spades 6:00 Music and Meditation	10:30 Violin Serenade with Connie Sue 11:15 Bible Study 1:30 Walking Club 6:00 A Game of Scrabble	10:30 Laughs and Lattes 1:30 A Game of UNO 3:30 Bingo 6:00 Motown Greatest Hits	9:45 Outing to Walmart 1:30 Table Top Air Hockey 3:00 Thirsty Thursday 6:00 Jigsaw Puzzles	10:30 Total Trivia 2:00 Disco Party 4:00 Televised Soul Train from the '70s 6:00 Reading and Relaxation	10:30 Morning Social 1:30 Resident Choice Games 3:30 The Price is Right Games 6:00 Table Talk
9:00 Televised Worship 2:00 Prayer Group 4:00 Silly Sitcom 6:00 Social Hour	10:30 Fitness Hour 1:30 Connect Four 3:00 Popcorn and Movie: Selma, based on Martin Luther King Jr. 6:00 Board Games	11:00 Bible Study 2:00 Texas Tuesday Western Party 4:00 Daily Chronicle 6:00 Brain Teasers Trivia	10:30 Range of Motion Exercises 12:00 What's Cooking Wednesday: Regency Celebrates Mexico 3:30 Bingo 6:00 Big Band Music Televised	10:00 Outing to Vulcan Park and Museum 1:30 Let's Play Family Feud 3:00 Ceramic Panting 6:00 Word Find Puzzles	10:30 Manicures amd Music 1:30 Animal Art 3:30 Reading with Refreshments 6:00 Visit a Neighbor	10:30 Views on News 1:30 Midday Movie 6:00 A Game of Checkers
9:00 Morning Worship Televised 2:00 Our Daily Bread Passages 4:00 Puzzles 6:00 Social Hour	10:30 Jazzercise 1:30 Garden Therapy 3:00 Sips and Strokes 6:00 Nightly News	11:00 Bible Study 12:30 Visit from WBRC Chief Meteroloist Wess Wyatt 2:00 Residents Staycation to Hawaii 4:00 Music and Meditation	10:30 Cardio Exercises 1:30 Resident Choice Games 3:30 Bingo 6:00 Movie Night	9:45 Outing to Walmart 1:30 Creative Expression 3:00 Thirsty Thursday 6:00 Book Club	10:30 Morning Mental Workout 1:30 Resident Choice Games with LaToya 3:00 Reading with Refreshments 6:00 Silly Sitcoms	10:30 Word Search Puzzles 1:30 Game Table 3:00 Trivia Packet 6:00 Music Appreciation
9:00 Morning Worship Televised 1:30 Social Visits 4:00 TV Land	10:30 Jazzercise 1:30 Ring Toss 3:30 Let's Play Family Feud	11:00 Bible Study	10:30 Java and Jokes 1:30 Board Games 3:30 Bingo 6:00 Current Events			