Assisted Living

February 2024 Events

Regency Retirement Village of Birmingham

| | | | | | 265 West Oxiliooi Roa | d Birmingham, AL 35209 (205) 942-3 |
|---------------------------------|--------------------------------|--|-----------------------------------|--------------------------------|---|--|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| | | 4 . 4 . 4 | | Wear Everything Hearts | 1 10:30 Yoga Drumming 2 | 10:00 Morning Stretch |
| . S . S . | | | 6.5 | 10:30 Morning Stretch | 11:30 Hydration Station & Snack | 11:30 Word Search Puzzles |
| | | | | 1:30 Chocolate Making Demo & | | 1:30 Valentine Crafts |
| | | | 8 · 6 · 8 · N | Tasting | 1:00 Tator Tot Snack Bar & History | 3:30 Hot Chocolate and Snack |
| | | | | 3:30 Music to Remember | 3:30 Let's Make Dog Biscuits Donation Humane Society | Meet Your Neighbor |
| 10:30 Televised Worship | 4 10:00 Stretch to the Oldies | 5 10:00 Walk with a Friend Day 6 | 10:00 Meet for a Time of Prayer 7 | 10:00 Take a Walk Today | 8 Wasan Dark Tarker, National Users 9 | 10:00 Sittersize |
| · | | | , | | Wear Red Today National Heart 9 Month | 10:00 Sittersize |
| 11:30 Hymn Sing Along | 11:00 Bible Study | 11:00 Favorite Soup Demo | 11:00 Paper Roses | 11:00 Meet Kite Flying 101 | 10:00 Umbrella History & Trivia | 11:00 Morning Devotional |
| 1:30 Bible Scriptures to Ponder | 1:00 Meet Your Neighbor Social | 1:00 National Yogurt Day | 1:00 Send a Card to a Friend | 1:00pm Outing to Walmart | 10.00 Offibrella History & Trivia | 1:30 Afternoon Board Games |
| 3:00 Movie Marathon | 3:30 Scrabble | Frozen Yogurt Tasting | 3:30 Share Favorite Smiles | 3:30 Radio History Story Time | 1:00pm Marriage Traditions Share Wedding Photos | 3:30 Dominoes |
| | | 3:30 Bingo | | | Share Wedding Filotos | 13.30 Dominoes |
| | | | | | 3:30 Meet & Greet | |
| Super Bowl Party 1 | 1 10:00 Morning Yoga Drum | 12 10:00 Morning Walk 13 | 1:00 Valentines Celebration 14 | . 10:00 Morning Stretch | 15 10:00 Morning Prayer Time 16 | 10:00 Morning Stretch |
| | 11:00 Bible Study | 11:00 Manicures & Hand Massage | | 11:00 Send a Card to a Friend | 11:00 Connect Four | |
| | · | | | | | 11:00 Do a Grouch a Favor Join Us for The Fun |
| | 1:30 Scrabble | 1:30 Flower Arrangements | | 1:30 Cornhole | 1:00 Friday Fun Day | |
| | 3:30 Puzzles | 3:30 Music & Memories | | 3:30 Scrabble | 3:30 Puzzle Time | 1:00 National Battery Day Let's Get Charged |
| | | | | | | 3:30 Reading time |
| | | | | | | 3.30 Reading time |
| 10:30 Televised Worship 1 | 8 10:00 Morning Stretch | 19 10:00 Heart Motions Let's Move 20 | 10:00 Morning Stretch 21 | 1:00 Outing to Walmart | 22 10:00 Get Up and Let's Move 23 | 10:00 Morning Walk for Heart |
| 11:00 Sharing Favorite travels | 11:00 Bible Study | 11:00 Cards for Your Caregiver | 11:00 Snacks with Your Caregivers | | 11:00 Meet and Greet a Friend | 11:00 Journaling |
| 1:30 Our Daily Bread Devotions | 1:30 Abraham Story | 1:30 Coffee & Muffins | 1:30 Ice Cream Social | | 1;30 Bananna Bread Demo & Tasting | 1:30 Tortilla Bar |
| 4:00 Time of Music | 3:30 History of Candy | Connect with a Friend | 3:30 Board Games | | 3:30 Tri-Ominos | 3:30 Hydration Station |
| The strategic | The Gum Drop | 3:30 Pet Therapy Come Join Us | o.oo Board Cambo | | 0.00 111 011111100 | o.oo i iyaladan oladan |
| | | | | | | |
| 10:30 Televised Worship 2 | 5 10:00 Morning Movements | 26 10:00 Polar Bear Plunge 27 | 10:00 Morning Walk 28 | February Birthday Celebrations | 29 | |
| 11:00 Time of Prayor | | | 10.00 Morning Walk | | 1 5 A . 1 | D 10 10 |
| 11:00 Time of Prayer | 11:00 Bible Study | 11:00 Hot Chocolate & Toppings Time of Sharing | 11:00 Fairy Tale Moment | | 8 | |
| 1:30 Word Search | 1:30 Scrabble | 1:30 Polar Bear Story and Drink | 1:30 Clam Chowder Demo & Tasting | | | A A B |
| 3:30 Board Games | 3:30 Tri-Ominos | 1.30 Foldi bedi Story and Dilik | 3:30 National Nap Day Enjoy | | | |
| 6:00 Sitcom Marathon | | 3:30 Teddy Bear Cards for Children Deliver to Childrens Hospital | a Quite Time to Reflect | | V | • |
| 0.00 Olloom Marallion | | Denver to Orintalens Hospital | | | | |
| PMO1CAL *ACTIVITIES SUBJECT | | | | | | |