

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				Wear Everything Hearts 1 10:30 Morning Stretch 1:30 Chocolate Making Demo & Tasting 3:30 Music to Remember	10:30 Yoga Drumming 2 11:30 Hydration Station & Snack 1:00 Tator Tot Snack Bar & History 3:30 Let's Make Dog Biscuits Donation Humane Society	10:00 Morning Stretch 3 11:30 Word Search Puzzles 1:30 Valentine Crafts 3:30 Hot Chocolate and Snack Meet Your Neighbor
				10:30 Televised Worship 4 11:30 Hymn Sing Along 1:30 Bible Scriptures to Ponder 3:00 Movie Marathon	10:00 Stretch to the Oldies 5 11:00 Bible Study 1:00 Meet Your Neighbor Social 3:30 Scrabble	10:00 Walk with a Friend Day 6 11:00 Favorite Soup Demo 1:00 National Yogurt Day Frozen Yogurt Tasting 3:30 Bingo
Super Bowl Party 11	10:00 Morning Yoga Drum 12 11:00 Bible Study 1:30 Scrabble 3:30 Puzzles	10:00 Morning Walk 13 11:00 Manicures & Hand Massage 1:30 Flower Arrangements 3:30 Music & Memories	1:00 Valentines Celebration 14	10:00 Morning Stretch 15 11:00 Send a Card to a Friend 1:30 Cornhole 3:30 Scrabble	10:00 Morning Prayer Time 16 11:00 Connect Four 1:00 Friday Fun Day 3:30 Puzzle Time	10:00 Morning Stretch 17 11:00 Do a Grouch a Favor Join Us for The Fun 1:00 National Battery Day Let's Get Charged 3:30 Reading time
10:30 Televised Worship 18 11:00 Sharing Favorite travels 1:30 Our Daily Bread Devotions 4:00 Time of Music	10:00 Morning Stretch 19 11:00 Bible Study 1:30 Abraham Story 3:30 History of Candy The Gum Drop	10:00 Heart Motions Let's Move 20 11:00 Cards for Your Caregiver 1:30 Coffee & Muffins Connect with a Friend 3:30 Pet Therapy Come Join Us	10:00 Morning Stretch 21 11:00 Snacks with Your Caregivers 1:30 Ice Cream Social 3:30 Board Games	1:00 Outing to Walmart 22	10:00 Get Up and Let's Move 23 11:00 Meet and Greet a Friend 1:30 Bananna Bread Demo & Tasting 3:30 Tri-Ominos	10:00 Morning Walk for Heart 24 11:00 Journaling 1:30 Tortilla Bar 3:30 Hydration Station
10:30 Televised Worship 25 11:00 Time of Prayer 1:30 Word Search 3:30 Board Games 6:00 Sitcom Marathon	10:00 Morning Movements 26 11:00 Bible Study 1:30 Scrabble 3:30 Tri-Ominos	10:00 Polar Bear Plunge 27 11:00 Hot Chocolate & Toppings Time of Sharing 1:30 Polar Bear Story and Drink 3:30 Teddy Bear Cards for Children Deliver to Childrens Hospital	10:00 Morning Walk 28 11:00 Fairy Tale Moment 1:30 Clam Chowder Demo & Tasting 3:30 National Nap Day Enjoy a Quite Time to Reflect	February Birthday Celebrations 29		