SENIOR LIVING

February 2024 Events

Regency Retirement Village of Birmingham 285 West Oxmoor Road | Birmingham, AL 35209 | (205) 942-3355

-0	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	SATURDAY	
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					Demonstration & tasting	10:30 Morning Stretch	1:30 Trivia Packet	•
**						1:30 Meet Me for Coffee Clatter	3:30 Visit a Neighbor	- }
Ť.						3:30 Game of Spades	6:00 Board Games	· ·
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* 1	10:30 Morning Worship Televised 4	10:00 Yoga Drumming 5	11:00 Bible Study 6	10:30 Yoga Drumming 7	_	Wear Red Today 9 National Heart Month	10:30 Morning Social	o
o. J.///	1:00 Resident Choice	11:00 Hydration Station	1:00 Resident Council	1:00 Send a card to a Friend	1:30 Movie and Munchies	1:30 Sending Valentines to Families	1:30 Resident Choice	V
2	2:00 Prayer Group	1:00 Soup Making Demo		3:30 Card Games	3:30 Sending Cards		3:30 Corn Hole	
₾.		3:30 USO Stories			·	3:30 Cards for Local Pastors & Chaplains	6:00 Hot Chocolate Night	
e								
* 1	10:30 Morning Worship Televised 11		11:00 Bible Study 13	3:00 Valentines Chocolate Event 14	10.00 Susan D. Anthony	16	10:30 Coffee Clatter	7
	Super Bowl Party	Rachelle	1:00 Flower Arrangment Fun		History Food for Thought		1:30 Mid-Day Movie	~
		11:30 New Resident Luncheon	Come Join Us				3:30 Game of Checkers, Spades	3
*			3:30 Drinking Chocolate Experience					ą.
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1	10:30 Morning Worship Televised 18	10:30 Manicures & Music 19	10:00 Morning Coffee & Muffins 20	10:30 National Caregivers Day 21 Make Thank you Cards Caregivers	9:45 Outing to Walmart 22	10:30 Coffee & Banana Bread 23	10:30 Word Search Puzzles 2	4
2	1:00 Ice-Cream Social	1:00 Let's Read	11:00 Bible Study		11:30 Ladies Let's Go to Lunch	1:00 Music Appreciation	1:30 Game Table	. 1
*		3:30 Meet Your Neighbors Social	1:00 Making Dog Treats	12:00 What's Cooking Wednesday Southern Cuisine	1:30 Board Games	3:30 Thirsty Thursday	3:00 Trivia Packet	
			For Humane Society Donation	3:30 Southern Drinks for Sample	3:30 Margarita Event		6:00 Music Appreciation	N.
e			3:30 Deliver Dog Treats Humane Society					3
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0	10:30 Morning Worship Televised 25	10:00 Morning Movement 26	11:00 Bible Study 27	10:00 Morning Movement 28	10:00 Morning Stretch 29			7
*		1:30 Resident Choice Games with Marcell	1:00 Music Fun and Singing	1:00 Time for Gardening	3:30 February Birthday Celebrations	2 4 C 2 4 C 2 4		
* .				3:30 Meet a Neighbor				3./
· e		6:00 Silly Sitcoms						
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