

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2026

"A cheerful heart is good medicine..." -- Proverbs 17:22

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| <p>1</p> <p>All Month -- Feel free to wear something RED to signify your support of February being Heart Health Month!!</p> <p>Tu B'Shevat Begins</p> | <p>2</p> <p>10am Resident Council Mtg (IL) 11am Bible Study (AL) Ground Hog Day Game & Bingo!</p> <p>Groundhog Day</p> | <p>3</p> <p>NO Bible Study (MC) NO Bible Study (IL) *** Rescheduled for following day*** 10:30am Gentle Movement (IL community room) (Prepping for Valentine's Day!)</p> | <p>4</p> <p>10:15am Bible Study (MC) 11am Bible Study (IL) 2pm "What's Cookin' Wednesday?" (AL/IL combined in ILD) Snack Time!!! (Prepping for Super Bowl Sunday!)</p> | <p>5</p> <p>Bus Trip Battle Republic (AL & IL Combined) Includes Special Treat for ALL participants 10:30am Game Time w/Anna (AL) (Prepping for upcoming events)</p> | <p>6</p> <p>9:30am Walmart & Publix w/Marcel 2pm The Alexander's – Musical Entertainment **All are invited** 6:30p Bible Study & Bingo w/Angela</p> | <p>7</p> |
| <p>8</p> <p>SUPER BOWL SUNDAY Seattle Seahawks VS. New England Patriots Game Starts 5:30pm CST For more info See Kam or Karen McClelland</p> | <p>9</p> <p>11am Bible Study (AL) 12:30p Homewood Library Presents: "Steps to Heart Healthy Living" (AL commons Area – all are invited) 2pm Monday Movie Matinee (IL)</p> | <p>10</p> <p>10:15am Bible Study (MC) 11am Bible Study (IL) 2pm Valentine's Arts & Crafts (AL) 3:30p Valentine's Arts Crafts (IL)</p> | <p>11</p> <p>Bus Trip Scenic Ride (Memory Care ONLY) 12Noon Regi Yarbrough (AL) 2pm Mocktail Cocktail Social Hour & Dominos / Cards (IL) **Learn a new drink recipe**</p> | <p>12</p> <p>10:30am Game Time w/Anna (IL) 11:30am Gentle Movement (IL) Community room 1:15p Beyond Blessed (AL/MC) 3:15p Beyond Blessed (IL)</p> | <p>13</p> <p>9:30am Walmart & Publix w/Marcel 1:00p – 3pm Valentine's Day Party!!! **Everyone is invited** 6:30p Bible Study & Bingo w/Angela</p> <p>Valentine's Day</p> | <p>14</p> |
| <p>15</p> <p>Wear RED for Heart Health Month!!!</p> | <p>16</p> <p>11am Bible Study (AL) 2pm Monday Movie Matinee w/Hot Chocolate Happy Hour & Fresh Popcorn (Prepping for Mardi Gras) Presidents' Day (U.S.)</p> | <p>17</p> <p>10:15am Bible Study (MC) 11am Bible Study (IL) 1pm – 2:30p Mardi Gras Party – "Laissez les bons temps rouler!!" 2:40p History Talk w/Crissy (IL) Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)</p> | <p>18</p> <p>Bus Trip Homewood Library All Book Club participants are encouraged to come!</p> | <p>19</p> <p>10:30am Game Time w/Anna (IL) 2pm Music Therapy w/Blake Franklin (MC ONLY) 2:30p Nutrition – "Fruit Olympic Rings" (AL/IL combined) **All invited**</p> | <p>20</p> <p>9:30am Walmart & Publix w/Marcel 2pm Book Club Meeting (AL) **All are invited** 6:30p Bible Study & Bingo w/Angela</p> | <p>21</p> |
| <p>22</p> <p>Wear RED for Heart Health Month!!!</p> | <p>23</p> <p>11am Bible Study (AL) 1:30pm Jewelry Making 2:30pm Music Trivia Kam – Working on calendar Prepping for March</p> | <p>24</p> <p>10:15am Holy Communion (MC) 11am Holy Communion (IL) 2:30p History Talk w/Crissy (AL) Kam – Working on calendar</p> | <p>25</p> <p>Self-Care Day! In Assisted Living **All Invited** 10am-12 Noon Massage Therapy w/Tangie in AL 1:30p Chair Yoga/Movement 2:30pm Skin Care & Nails 3:30pm Mental Health Talk</p> | <p>26</p> <p>10:30am Game Time w/Anna (AL) 2:30p Birthday Celebration – Cake & Ice Cream Social & Game Time (IL Commons) Everyone invited</p> | <p>27</p> <p>9:30am Walmart & Publix w/Marcel 2:30p Birthday Celebration – Cake & Ice Cream Social (AL & MC) 6:30p Bible Study & Bingo w/Angela</p> | <p>28</p> |