

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2026

## Memory Care Calendar – Activity Assistant Carmen Garrett

<p>Feel Free to wear <b>RED</b> to show support of February being Heart Health Month!!</p> <p><small>Tu B'Shevat Begins</small></p>	<p><b>1</b> Devotion w/Carmen &amp; Mary Jo Art Therapy Monday Movie Star Trivia</p> <p><small>Groundhog Day</small></p>	<p><b>2</b> Devotion w/Carmen &amp; Mary Jo Daily Exercise Puzzle Time</p>	<p><b>3</b> Devotion w/Carmen &amp; Mary Jo Daily Exercise Game Time</p>	<p><b>4</b> Devotion w/Carmen &amp; Mary Jo Daily Exercise Thirsty Thursday</p>	<p><b>5</b> Devotion w/Carmen Daily Exercise The Alexanders Various iN2L Activities w/Carmen</p>	<p><b>6</b></p> <p><b>7</b></p>
<p>Wear <b>RED</b> for Heart Health</p>	<p><b>8</b> Devotion w/Carmen &amp; Mary Jo Art Therapy Monday Movie Star Trivia</p>	<p><b>9</b> Bible Study w/Pastor Bivens Daily Exercise Tuesday Tunes w/ iN2L</p>	<p><b>10</b></p> <p><b>11</b> <b>BUS TRIP</b> <b>Memory Care ONLY</b> <b>Scenic Ride</b></p> <p>Valentine's Arts &amp; Crafts</p>	<p><b>12</b> Devotion w/Carmen &amp; Mary Jo Daily Exercise 1:15p Beyond Blessed (ALD)</p>	<p><b>13</b> Devotion w/Carmen Daily Exercise Valentine's Day Party Various iN2L Activities w/Carmen</p>	<p><b>14</b></p> <p><small>Valentine's Day</small></p>
<p>Wear <b>RED</b> for Heart Health</p>	<p><b>15</b> Devotion w/Carmen &amp; Mary Jo Art Therapy Monday Movie Star Trivia</p> <p><small>Presidents' Day (U.S.)</small></p>	<p><b>16</b> Bible Study w/Pastor Bivens Tuesday Tunes w/ iN2L <b>Mardi Gras Party</b></p> <p><small>Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)</small></p>	<p><b>17</b> Devotion w/Carmen &amp; Mary Jo Daily Exercise Game Time</p>	<p><b>18</b> Devotion w/Carmen &amp; Mary Jo Daily Exercise Music Therapy w/Blake</p>	<p><b>19</b> Devotion w/Carmen Daily Exercise Various iN2L Activities w/Carmen</p>	<p><b>20</b></p> <p><b>21</b></p>
<p>Wear <b>RED</b> for Heart Health</p>	<p><b>22</b> Devotion w/Carmen &amp; Mary Jo Art Therapy Monday Movie Star Trivia</p>	<p><b>23</b> Holy Communion w/Pastor Bivens Trivia Time w/ iN2L Puzzle Time</p>	<p><b>24</b> Devotion w/Carmen &amp; Mary Jo Daily Exercise Pamper &amp; Polish</p>	<p><b>25</b> Devotion w/Carmen &amp; Mary Jo Daily Exercise Thirsty Thursday</p>	<p><b>26</b> Devotion w/Carmen &amp; Mary Jo Daily Exercise <b>February Birthday Celebrations w/Cake &amp; Ice Cream</b></p>	<p><b>27</b></p> <p><b>28</b></p>

Memory Care Activities – Please note that all dates/times are subject to change – Regency Senior Living 385 West Oxmoor Road 35209